



Prescott Weekend Update



Mar. 9th, 2025

Good Afternoon PLC Families:

Prescott Learning Centre

340 Pioneer Road
Spruce Grove, AB T7X 0T1
Phone: 780-571-8079
Email: prescott@psd.ca

Principal:

Mr. Chris Shaw
chris.shaw@psd.ca
@seedshaw

Assistant Principal:

Ms. Heather Huisman
heather.huisman@psd.ca

Assistant Principal:

Mrs. Esther van Beek
esther.vanbeek@psd.ca

Inclusive Education Lead:

Mrs. Nicole Blanchet
nicole.blanchet@psd.ca

Head Secretary:

Valerie Bradford

Secretaries:

Shelby Warkenten
Rae Woods

Website:

<https://prescott.psd.ca/>

Facebook:

<https://www.facebook.com/PrescottPSD>

I'm going to start this week by sharing a few reminders regarding changes to school routines and processes as a result of the support staff strike:

- The office is open daily from 8:00 am to 9:00 am, 11:45 to 12:45, and from 2:45 to 3:30. We are able to take phone calls/check messages during these times;
- For general inquiries and messages outside of the times I'll ask that you continue to email via the prescott@psd.ca address;
- For absences, please use the 'Report an Absence' webpage at: <https://prescott.psd.ca/parents/absence>. By using this page to report absences you have freed the admin team for other responsibilities. Thank you;
- If you drop your child off at the school after 9:00 am or 12:45 please wait with them in the main entrance foyer until they can be admitted into the office by the school administrator;
- If you come to the school I'll ask that you wait in the foyer as well;
- As a result of staffing shortage due to the ongoing strike, the decision has been made to postpone Parent/Teacher Interviews in all PSD schools until after Spring Break. Please see the blurb below for more information;
- Because of the aforementioned staffing shortages, families are encouraged to direct their questions and concerns to all three school administrators to ensure a quicker response. Please be sure to provide a brief description of your question or concern so it can be assigned to the appropriate administrator. Please refer to my comments at the conclusion of this update for more information.

In my conversations with many of you in the parking lot or in the office I have fielded numerous questions regarding how long the CUPE strike will last. Unfortunately, I don't have any information other than what has been posted to the PSD website. The site I am referring to is found at: <https://www.psd.ca/employment/unions-and-negotiations/labour-action-updates>. Answers to specific questions can be found in the 'Frequently Asked Questions' section of the website.

If you have any other questions please reach out to both my assistant principals and me via the email addresses at the end of this memo. Thanks, and have a great week.

Important Events This Week				
Monday 10 th	Tuesday 11 th	Wednesday 12 th	Thursday 13 th	Friday 14 th
Substitute Teacher/Casual Support Staff Appreciation Week Bannock Making	3Ma & 3P Aerials Gymnastics	PLC Fundraising Foundation Meeting @ 6:30	Gr. 2 Teacher's Pet in School Field Trip Hot Lunch (TacoTime)	Tuesday Schedule PLC Pi Day
Art Club 3:15 – 4:30	Say It Here Club @ Lunch DLR – 3:15-4:30		BBall @ 7:30am (Gr. 6-9) Choir @12:15 (Gr. 2-6) DLR – 3:15- 4:30 DnD 3:15-5:00	BBall @ 7:30am (Gr. 6-9)
Important Events Next Week				
Monday 17 th	Tuesday 18 th	Wednesday 19 th	Thursday 20 th	Friday 21 st
Choral/Choir Celebration		Kinder Teacher's Pet in School Field Trip CTF Term II Ends Hot Lunch (Love Pizza) PTIs (In Person) Postponed	Kinder Teacher's Pet in School Field Trip PTIs (Virtual) Postponed	Monday Schedule

Athletics/Badminton Dates This Week*	
Monday	Jr B Boys Basketball Wind-Up @ Lunch (Both Teams) Jr (Gr 6-8) Badminton Tryouts II 3:00 - 4:30
Tuesday	Jr B Girls Basketball Wind-Up @ Lunch Sr Badminton Practice @ 3:00 - 4:30
Wednesday	Sr & Jr A Boys Basketball Wind-Up @ Lunch (Both Teams) Jr Badminton Practice @ 3:00 – 4:30
Thursday	Sr & Jr A Girls Basketball Wind-Up @ Lunch (Both Teams)
Friday	
Saturday	

*These times are subject to change.

Follow our Facebook athletics page "Prescott Learning Centre Athletics" for up-to-date pictures and info. You can also access the athletics calendar on our school website - <https://prescott.psd.ca/programs/athletics> - This should make it easy to filter by your athlete's team and sync to your calendar on your device.

New and Updated Information

PLC Fundraising Foundation Meeting - This Wednesday at 6:30 pm, we will be holding our March fundraising foundation meeting. Our student volunteers who have recently completed their Red Cross Babysitting certification will be at the meeting to provide child care to children two years old and older to families in attendance. All members of the PLC community (that's you!) are invited to attend. You are able to attend any meeting, whether you are a member of the fundraising foundation executive or not. There is no requirement to have attended any

previous meetings so feel free to come check the fundraising foundation out. You are invited to attend either in person or virtually. Please see your inbox tomorrow for an invitation to attend virtually. The Council and I hope to see you on Wednesday

March Parent Teacher Interviews Postponed - Due to the ongoing [CUPE labour strike](#), PSD schools are currently experiencing staffing shortages, which have required adjustments to regular operations. As a result, the parent-teacher interviews that typically take place at this time of year will be postponed. We understand the importance of these conversations and will re-evaluate the situation in April.

In the meantime, we encourage families to use all the tools available to them to stay engaged in their student(s)' learning progress. The PowerSchool Parent Portal remains a valuable tool for monitoring grades (where applicable) and staying informed. Thank you for your understanding and support.

Did anyone order... Pi? March 14 is 3.14 and that means Pi Day! To celebrate all things numeracy related, there will be two school activities this Friday. The Pi Day Challenge and Pi Day Number Bingo. For the **Pi Day Challenge** students in homeroom classes from Kindergarten through Grade Six, and Math Classes in Grade Seven through Nine will compete to see who can remember the most digits of Pi (ratio of a circle's circumference to its diameter). Each class's representatives will then compete against students within their grade level division (Gr. 1-3, Gr. 4-6, Gr. 7-9) to win gift cards for themselves, and freezies for their classmates.

All students will be able to participate in the **Pi Day Bingo**. All students will be provided with a math sheet with math questions. Rather than writing the numerical answer, students will have to write the name of the staff member who is wearing the number. Staff will be sporting a number on their clothing with the answer to a specific question on each students' sheet. Winners will be drawn from each respective division's correct answer sheets. Prizes have been generously donated by the PLC Fundraising Foundation.

Assurance Survey: Grade Four and Grade Seven Parents and Guardians - Alberta Education will again be conducting their annual survey of Grades Four, Seven, and Ten students and their parents or guardians. The survey will gather important information about students' and parents' school experiences and will help to inform continuous improvement in our education system.

Shortly, Grade Four and Grade Seven Parents and Guardians will be receiving via email a unique, single-use access code on behalf of Alberta Education that you can use to log in and complete the survey online confidentially. By completing the survey, you are helping both Alberta Education, Parkland School Division and your school identify areas of strength and areas for improvement. When the results are in, Alberta Education sends them to school authorities, who in turn share them with us here at the school where we use them to identify areas of growth and to inform our annual education plan.

Additional details about Alberta Education's quality assurance measures and framework for monitoring performance in the education system are available at:

www.alberta.ca/alberta-education-assurance-survey

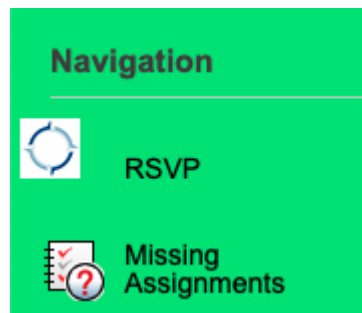
Your participation in this survey is vital in improving how we serve you and improve your child's learning outcomes. Please reach out to Mrs. van Beek or me at the school if you have any questions or concerns about your child's participation in the survey.

(Updated!) Updated 2025 - 2026 Registration Information - Registration for the 2025-2026 school year is underway. We need your help to complete the process earlier this year. With limited staffing due to the CUPE Strike, schools need more time to process registrations and in turn, coordinate with PSD's Transportation Services to build bus routes for next year. The process is more efficient this year if you are simply advancing grades at the same school and you haven't moved, or are planning to move. Your registration can be completed with just a few clicks.

To get started, please visit <https://powerschool.psd.ca/public/> and log into your parent account. Once inside the Parent Portal:

1. Select your child's name in the blue bar at the top of the screen.
2. Select the RSVP icon on the left side of the screen.

For further assistance please click [on this link for the registration video tutorial](#).



If you aren't able to retrieve your login credentials using the "Forgot Username or Password?" link on the Sign In page, please contact the school directly for assistance logging in to the Parent Portal. If you have any questions, please reach out to me at the office.

Please note: the school division has let me know that there have been glitches in the registration webpage. Specifically, the green 'RSVP' button has not worked for some families. Our IT department has been working through these concerns and will reach out to individual families shortly. If you have experienced this, or any other problems with the online registration process, please send me an email to let me know. Also, contingency plans from the school division for fee collections and refunds will be forthcoming. Again, thank you in advance for your patience.

Music Notes from Mrs. Surrendi - The Choir will be singing at the upcoming Choral Celebration, Monday, March 17th. Forms are due this week; thank you! Mrs. Surrendi.

Tansi! Bannock Teachings at Prescott Learning Centre- Prescott Learning Centre is excited to welcome staff and students from Maskekosak Kiskinomatowikamik from Kitaskinaw for a special cultural learning experience! Our guests will be teaching select classes how to make bannock while sharing kinship stories that highlight the significance of bannock in their culture and families. This is a wonderful opportunity for our students to learn through hands-on experience and storytelling, deepening our understanding of Indigenous traditions. We are grateful for this chance to connect, learn, and celebrate together! We look forward to welcoming our guests on Monday, March 10th.

Badminton Begins - Junior Badminton Tryouts for Grade Six through Eight students continue tomorrow (Monday, March 10th) from 3:00 pm to 4:30. You do not need your own racquet, but it is highly recommended you come with a change of clothes and athletic shoes. For more information please reach out to Mr. Adams (Sr.) at neal.adams@psd.ca or Ms. Schumm (Jr.) at rhonda.schumm@psd.ca.

PLC Fundraising Foundation Update - Hot Lunch Update: Hot lunch this week is **Taco Time** on **Thursday, March 13!** 🍌 If your child will be absent, please email hotlunch@plcff.com before **10 AM on Thursday** to arrange a pickup or alternate plan.

Coffee Fundraiser Closed! A huge thank you to everyone who supported our coffee fundraiser! Thanks to your orders, we raised **\$168.73** to support Prescott programs. We appreciate your help in making this a success!

Monthly Meeting Reminder: Our monthly meeting will be held on **Wednesday, March 12, at 6:30 PM** in the **Collaboration Centre**. Child care will be provided, so bring the kids along! Everyone is welcome, and attending one meeting does not commit you to the rest of the year. Come see what the Prescott Learning Centre Fundraising Foundation is all about!

Cookbook Recipe Submissions Needed! We're creating a Prescott Cookbook, and we need your recipes! So far, submissions are trickling in, but we need at least **150 recipes** to make this project happen. Share your family's favorite dishes—traditional recipes, easy meals, or kid-friendly treats!

Here's how to submit: 🍴 **Online:** <https://tinyurl.com/3h899ujk> 🍴

Email: Send your recipes to president@plcff.com 🍴

Handwritten: Prefer to write it out? Send your recipe in with your child, and we'll take care of the rest! The deadline for submissions is **March 31, 2025**. Let's make this cookbook something special! Thank you for your continued support! Join our **Facebook page** for all the latest updates: <https://www.facebook.com/groups/1922775007965264>.



DID YOU KNOW . . . As a result of recent copyright infringement lawsuits in other institutions (currently schools can only use 10% of online content from services such as Amazon, YouTube, Netflix, etc. for educational content), for the last couple of years PLC now uses *Criterion on Demand*.



Criterion on Demand is an online digital delivery platform designed for educational institutions, which streams more than 6,500 titles on a bilingual interface (think National Geographic, Magic School Bus, etc.). This is a HUGE benefit to every single student at the school.

However, this of course comes with a cost, which PLCFF has been able to cover with the help of fundraising efforts through **YOU** - our amazing families, volunteers and staff at our school.

✨ **Last year, the cost was donated by a very generous family at our school!** ✨

THANK YOU for your continued support!

Previously Shared Information

Basketball Season Comes to a Close - On Wednesday the 26th I had the privilege of watching our Jr. Boys take the PCAA Championship game 55 to 43 over Broxton Park. What made the victory even sweeter was that last year, in the same Greystone gym, I saw the Jr. Boys lose a heartbreaker to Greystone (are you listening, Oilers?). While it's always nice to bring home the banner, the bigger success in all of our programs is the sheer number of students who are able to participate. We are now in a positive cycle of the more players who participate, the greater the success we have. And the greater the success we have, the more players who want to participate. This success is directly attributable to the efforts of our volunteer school and community coaches. So, to give credit where credit is due, a heartfelt thank you to the efforts of our incredible coaches:

- Jr B Girls - Randi Dodman, Sarah McQuay, Michelle Yeung

- Jr B Boys White and Blue Teams - Adam McArthur, Liz Mrdjenovich, Mike Rogers and Jonna Rogers-Borchman
- Jr A Girls - Jesse Wells, Laura Gagnon
- Jr A Boys - Carson McNaughton, Andrew Brooks
- Sr Girls - Breanne Burgess, Kendra Long
- Sr Boys - Michael Pittman, Ben Greenbank

On behalf of the players and the PLC families, thank you.

PLCFF New Hot Lunch Program with Healthy Hunger! -

We're thrilled to announce a new and improved hot lunch program at Prescott Learning Centre! Healthy Hunger will now coordinate our hot lunches, making it easier than ever for families to participate. Why You'll Love It:



- Sign up is simple: Visit healthyhunger.com to create an account and start ordering—no access code required!
- Expanded vendor options: We're introducing exciting new lunch vendors.
- Personalized orders: Each item will be clearly labeled with your child's name and class to ensure accuracy.
- Flexible ordering: The order cut-off date is now just 5 days before lunch (instead of 2 weeks).
- Convenient payments: Enjoy more payment options to suit your needs.

Say goodbye to order mix-ups and frustrations. With Healthy Hunger, we're confident this new system will provide a smoother, more reliable experience for everyone.

We are proposing the following dates:

Thurs. March 13 - TacoTime Weds. March 19 - Love Pizza Thurs. March 27 - Subway
Sign up today and take the hassle out of hot lunch days!

Final Thoughts - As we head into the third week of the support staff strike we continue to work through and refine our processes at the school. I again need to express my appreciation for your continued patience, understanding, and support. Our contingency plan has allowed us to prioritize your child's safety and to keep school operations, for the most part, running smoothly.

However, with a third of our staff on the picket line you can well imagine all of us at the school are quite busy. And one of the bigger struggles that has been difficult to overcome is responding to your questions and concerns in a timely manner. Though I share this bit of information at the conclusion of every weekend memo, this week I need to stress that you need to include my two very exceptional assistant principals in your emails or phone messages to me. While there is overlap, each of us has different areas of responsibility for the school. A brief description of your question or concerns will go a long way to ensure a timelier response. While I can't promise that we will get back to you as quickly as we did before the strike, I'll assure you that the response will be much quicker than if you email or leave a message for me alone. You can reach all three of us at:

heather.huisman@psd.ca

esther.vanbeek@psd.ca

chris.shaw@psd.ca.

Thanks again, and have a great week. Chris

*Substitute Teachers and
Casual Support Staff*



APPRECIATION WEEK



Thank you for all that you do!

March 10-14





PLC School Council

ONE SMALL THING!

*Do you have a positive
experience or memory
with a staff member that
you would like to share?*

*We want to
hear about
it!*

SCAN HERE

To share your
thoughts!



Or email us at: prescotttonessmallthing@gmail.com

Gr. 9 Summer School Opportunity - Travel for Credit – Enrolment is Open!

Registration is now open for this summer's Travel for Credit program. In partnership with EF Educational Tours, **Parkland School Division** is offering students the chance to travel while earning school credit this summer.

Courses available: Grades 10 and 11, Communication Technology (Summer Edition): Exploring Media in Europe – Paris & Nice.

The Travel for Credit program takes place throughout the months of July and August. Our program is now open to all current Grade 9 to 12 students. Students who register for the program will be able to earn credit by participating in **6 weeks of self-paced** learning plus one week of travel with EF Educational Tours.

Learn more about Travel for Credit at Parkland School Division

Please see the attached flyer

for details or head directly to the [--click here--](#) to find travel dates, cost, FAQs and more.



Parkland School Division

Communication Technology in Europe

Summer ed. (2025)



Dear Parents & Guardians,

Parkland School Division and Connections for Learning is pleased to inform you we've partnered with EF Tours' Travel for Credit program this summer. This exciting opportunity allows students to travel as part of earning high school credit.

We invite you to an Information Session to learn more, covering everything you need to know about the travel component of the following courses:

Visual Composition - COM 1005 | Web Design 1 - COM 1055 | Audio/Video COM 1105
COM Project A - COM 1910 | Photography Introduction - COM 1205 | AV Production 1 - COM 2115
AV Post Production 1 - COM 2125 | Photography Communication - COM 2215
Photography - Photojournalism COM 3215

Please use the QR code below to register for an information session. We look forward to seeing you there!

RSVP online



Meeting date

Online: 02/11/2025

Meeting times

6:00 PM (MST)

Hosted by:

Connections for Learning

EF Educational Tours | 1-800-263-2806 | 80 Blue Street West, Floor 16, Toronto, ON M5S 2Y1 | TCO-2395888, 50018769; CPBC-73961; 73960 | CFC: 702752

Did you know?

In the event of bus cancellations due to inclement weather, please be aware that learning opportunities are still available. While we prioritize safety and understand the challenges weather conditions may pose, our commitment to education continues. School activities are adjusted to ensure safety, but new instruction and learning experiences may still occur, depending on grade level, class and attendance.

For those unable to attend, online learning resources may be accessible. Stay informed, keep your child engaged and check with your school for more details on how we can help to ensure continuous learning.



Administrative Procedure 750: Severe Weather



PARKLAND
SCHOOL DIVISION



SHARE A THOUGHT



Prescott Learning Centre and Parkland School Division rely on stakeholder feedback to learn and improve for the benefit of students, families, staff and the community.

Scan the QR code to share your thoughts!

USE YOUR PHONE'S CAMERA OR A QR CODE READER APP.



For more information, please contact the school at prescott@psd.ca or 780-571-8079.



TRIREGION FOOD RESOURCES

Updated: November 2022

FOOD HAMPERS

Parkland Food Bank

105 Madison Crescent, Spruce Grove
Monthly Food Hampers, by appointment,

- Tuesdays 8:30AM-4:30PM
- Wednesday 8:30AM-2:00PM + 6:20-8PM
- Friday 8:30AM-4:30PM
- Saturday 8:30AM-12:30PM

780-962-4565 ext. 1

WEE Community Food Bank

5019 50 Ave Entwistle AB (Old Fire Hall)
Monthly Hampers, by appointment on Wednesdays, Call before Tuesday for appointment.

780-727-4043

Wecan Food Basket

5600-50 St, Stony Plain
Fresh Nutritious Affordable Food Basket
Order by first Friday, pickup on third Thursday of month
Monday - Friday, 9AM-4PM
587-338-1101

Warming Hearts Pantry

4911-50 St., Tomahawk (liquor store)
Food pantry of non-perishable items. No appointment necessary.

BASIC NEEDS HELP

Community Helps Team

180 Century Road, Spruce Grove
780-962-5611 / 789-306-1955
helps@sprucegrove.church

NeighbourLink Parkland

Serving Spruce Grove, Stony Plain, Parkland County
780-960-9669
www.neighbourlinkparkland.ca
neighbourlink.parkland@telus.net



FOOD RESCUES

Auggie's Cafe

131 Church Rd, Spruce Grove
Tuesdays 11-1PM

apfa Food Rescue

Family Connection Centre
5600 50 Street, Stony Plain
Thursdays 10AM - 3PM
Fridays 1-4 (Check facebook for updates)

Food for the Soul

Lighthouse Pentecostal Church
49 Boulder Blvd., Stony Plain
First and third Saturday 10AM-1PM

Grace's Table

250 Century Road, Spruce Grove
Second Friday of month 5PM-6:30PM

Community Table

180 Century Road, Spruce Grove
Last Friday of the month
<https://www.sgconline.breezechms.com/form/communitytable>
780-962-5611

COMMUNITY MEALS

Auggie's Cafe

131 Church Rd, Spruce Grove
Drop-in for take out bagged lunch
Tuesdays 11-1PM

Food for the Soul

49 Boulder Blvd., Stony Plain
Drop-in for bagged lunch
First and third Saturday 10AM-1PM

Grace's Table

250 Century Road, Spruce Grove
Hot meal to go for pick up
Second Friday of month 5PM-6:30PM
www.sgac.net/eventregistration
780-962-4700

Community Table

180 Century Road, Spruce Grove
Hot meal to go for pick Up
Last Friday of the month
www.sgconline.breezechms.com/form/communitytable
780-962-5611



COMMUNITY LOW COST COUNSELLING SERVICES

Updated November 2023

All listed services do not exceed \$75.00 per hour and are available to anyone in the Tri-Municipal Region.

Dochas Psychological Services Hub for Hope

202, 636 King Street, Spruce Grove

- Hub for Hope provides individuals with 8 (50 minute) counselling sessions at no cost, provided by an intern psychologist.
- Counselling options can be provided either in person or virtual.

Phone Number: 780-446-0300

Family Life Psychology

201, , 323 McLeod Ave, Spruce Grove

- Family Life Psychology offers counselling services with Mental Health Therapists at a reduced rate of \$75 per hour.

Phone Number: 780-963-7451

Alycol Integrated Health Services Restore Program

Suite 201, 95 McLeod Avenue, Spruce Grove

- Alycol’s Restore Program offers no/low-cost therapy sessions on a case-by-case basis with a maximum rate of \$50.00 per hour with a practicum intern.
- Counselling options can be provided either in person or virtual.

Phone Number: 780-409-8798

Family Resource Network

Family Connections Centre
5600 50 Street, Stony Plain

- The Family Resource Network offers free single session virtual counselling to children and youth under 18 and their caregivers.

Phone Number: 1.877.244.2360

Schaffer Psychology

Suite 103, 7 Boulder Blvd, Stony Plain

- Schaffer Psychology offers no/low-cost therapy sessions on a case-by-case basis with a maximum rate of \$50.00 per hour with a practicum intern.

Phone Number: 780-910-3420

If you are a service provider in the Tri-Municipal Region, and would like to be included on this list please contact connect@stonyplain.com . Please note, being included on this list does not constitute an endorsement by the Town of Stony Plain Community and Social Development.

Tri-Municipal Region Support Guide

I NEED TO TALK TO SOMEONE NOW (24H)

Distress Line 780-482-4357(HELP)
 Addiction Helpline 1-866-332-2322
 Child Mental Health (8am-11:45pm) 780-407-1000
 Kids Help Phone 1-800-668-6868
 Bullying Helpline 1-888-456-2323
 BriteLine (for 2SLGBTQIA+) 1-844-702-7483
 Seniors Abuse Helpline..... 780-454-8888
 Family Violence Info Line.....310-1818
 Sexual Assault Centre (9am-9pm)..... 780-423-4121
 First Nations & Inuit Mental Health
 Hope for Wellness 1-855-242-3310
 National Indian Residential School Crisis Line
 1-866-925-4419
 MMIWG Helpline..... 1-844-413-6649

I NEED IMMEDIATE HELP **Call 911**

Emergency Financial Assistance .. 780-644-5135
 Access 24/7 (Adults)
 Addictions & Mental Health 780-424-2424
 Child Intervention Services 780-422-2001
 Children's Cottage Childcare 780-944-2888

I NEED HEALTH INFORMATION

Health Link Alberta (24/7) 811

I DON'T EVEN KNOW WHERE TO START?



24-hour information and referral line connecting you to social, health and government services.



www.HelpSeeker.org
 Get the app on your phone to find local supports and resources.

HELP FOR HARD TIMES TRI-REGION SUPPORT GUIDE

Spruce Grove FCSS
 #105 - 505 Queen Street
 Spruce Grove, AB
780-962-7618

Town of Stony Plain
 Community and Social Development
 #107, 4613 - 52 Avenue
780-963-8583



WHERE CAN I FIND A SAFE PLACE TO SLEEP AT NIGHT?

George Spady (men, women) 780-424-8335
 Women's Emergency
 Accommodation Centre 780-423-5302
 Hope Mission (ages 16+, men, women).... 780-422-2018
 Youth Empowerment &
 Support Services (YESS)..... 780-468-7186
 Salvation Army (Transitional Housing, \$13/day)
 780-429-4274

I NEED A DOMESTIC VIOLENCE SHELTER

Alberta Council of Women's Shelters
 24/7 1-866-331-3933

I NEED DETOX SUPPORT

George Spady..... 780-424-8335
 AHS Detox Centre 780-427-4291
 Youth Edmonton Detox..... 780-408-8783

I NEED A SAFE CONSUMPTION SITE

George Spady Centre 780-424-8335
 Boyle McCauley Health Centre.... 780-422-7333

I NEED HELP WITH MENTAL HEALTH AND/OR ADDICTIONS

Access 24/7 Adult Addictions/Mental Health 780-424-2424
 Youth Addiction Services 780-408-8783
 Access Open Minds (youth 16-25)..... 780-415-0048
 Child and Adolescent
 Mental Health Services..... 825-402-6799
 WestView PCN Youth
 Mental Health Clinic (ages 11-24) 780-960-9533

I NEED HELP WITH BASIC NEEDS

NeighbourLink Parkland 780-960-9669
 Community Helps Team 780-962-5611
 Pay Forward Kindness
 (homeless supports)..... 587-286-4663
 Parkland Pregnancy Support Centre
 (Tue & Thurs 12-3pm)..... 780-962-5505

WHERE CAN I FIND FOOD?

Parkland Food Bank 780-962-4565
 WeCan Food Basket..... 587-338-1101

WHERE CAN I FIND A COMMUNITY MEAL?

Auggies Café (Take out, Tues 11AM-1PM)
 131 Church Rd, Spruce Grove 780-962-5131
 Food for the Soul (1st, 3rd Sat 10AM-1PM)
 49 Boulder Blvd., Stony Plain 780-963-3110
 Grace's Table (2nd Fri 5-6:30PM)
 250 Century Road, Spruce Grove 780-962-4700
 Community Table (last Fri 5-7PM)
 180 Century Road, Spruce Grove 780-962-5611
 apfa Food Rescue Community Fridge
 (M-F 8:30-4PM) 5600-50 Street, Stony Plain 780-963-0549