



Prescott Weekend Update

Nov. 24th, 2024

Hello PLC Families:

Prescott Learning Centre

340 Pioneer Road
Spruce Grove, AB T7X 0T1
Phone: 780-571-8079
Email: prescott@psd.ca

Principal:

Mr. Chris Shaw
chris.shaw@psd.ca
[@seedshaw](https://www.instagram.com/seedshaw)

Assistant Principal:

Ms. Heather Huisman
heather.huisman@psd.ca

Assistant Principal:

Mrs. Esther van Beek
esther.vanbeek@psd.ca

Inclusive Education Lead:

Mrs. Nicole Blanchet
nicole.blanchet@psd.ca

Head Secretary:

Valerie Bradford

Secretaries:

Shelby Warkenten
Rae Woods

Website:

<https://prescott.psd.ca/>

Facebook:

<https://www.facebook.com/PrescottPSD>

Not sure if you caught the news earlier this fall, but the Australian Government is considering a full social media ban for any children under 16 years old. This would mean that kids 15 and under would lose access to platforms such as TikTok, Instagram, even FaceBook (no word on YouTube). Currently the government is experimenting with 'age verification software', though there are concerns whether or not the technology exists to enforce such a ban, let alone whether a ban will prevent any of the harms often associated with social media.

Now the merits or detriments to such a ban are for another weekend memo. However, the article did give me pause to reflect on how our own provincial government's ban on personal mobile devices is (or isn't) working at our school. Currently at PLC, students in Kindergarten through Grade Six are not permitted to use personal mobile devices (cell phones, tablets, smart watches, earbuds) at any time during the school day. Grade Seven through Nine students, many who often leave for lunch hour, have different privileges. To be consistent with the other Spruce Grove Kindergarten to Grade Nine Schools, PLC Jr. High students are permitted a three-minute check for messages at the beginning of first recess and for five minutes just before classes at the end of lunch hour. When students are given their technology break at recess or at the end of lunch, we typically play a three- or five-minute song over the PA system to let students know that their tech window is open. They are not permitted to check their social media feeds or visit websites, gaming websites in particular.

For the most part, students have been cooperative: remarkably cooperative in fact. While there is the odd incident (usually earbuds), and certainly kids are sneaking a peek here and there, in comparison to last school year when we sought your input in implementing our own cell phone ban during class time, this year has been more than quiet. However, this past Thursday at the end of lunch while the music played, I did a quick survey and noticed that very few kids had their phones out. I had to have a hard look to find any students engaged with their phones at all. What were they doing? They were talking and joking with friends, and it was kind of cool to see kids socializing again. My point? No prohibition is 100% effective. But it is good to see that, at least on the surface, it appears that the ban on personal mobile devices is having its intended effect; kids get to be kids again. And now, here's what's going on at PLC this week.

Important Events This Week				
Monday 25 th	Tuesday 26 th	Wednesday 27 th	Thursday 28 th	Friday 29 nd
Smudging (Small Gym)		Gr. 3 Matsuba & 3 Pidhaichuk Science Workshop @PLC		Monday Schedule AHS Gr. 9 Antigen Presentation
Art Club 3:15 – 4:30	Say It Here Club @ Lunch DLR – 3:15- 4:30	Gr. 2-6 Choir @12:15 (Thurs. this week only)	BBall @ 7:30am Gr. 2-6 Choir @12:15 DLR – 3:15- 4:30	BBall @ 7:30am
Important Events Next Week				
Monday 2 nd	Tuesday 3 rd	Wednesday 4 th	Thursday 5 th	Friday 6 th
December!	Cst. Gord Gr. 9 Visit School Council Meeting @ 6:30	Christmas Concerts A-K 1:00 & 6:30pm Used Book Fair Candygrams Gr. 9 Field Trip Horizon Stage School Council	Smudging (Small Gym) Christmas Concerts L-Z 10:30am & 6:30pm Used Book Fair Candygrams	Tuesday Schedule AHS Gr. 9 Antigen Presentation Used Book Fair

Athletics Dates This Week*	
Monday	Sr. Girls Practice @ Noon Jr. A Girls (Gr. 6-8) Basketball Tryouts 3:00 – 5:00
Tuesday	Sr. Boys Practice @ Noon Jr. A Boys (Gr. 6-8) Basketball Tryouts 3:00 – 5:00
Wednesday	Sr. Girls Practice @ Noon Jr. A Girls (Gr. 6-8) Basketball Tryouts 3:00 – 5:00
Thursday	Sr. Boys Practice @ Noon Jr. A Boys (Gr. 6-8) Basketball Tryouts 3:00 – 5:00
Friday	Christmas Concert Stage Installation: No athletics Scheduled
Saturday	N/A

*These times are subject to change.

Follow our Facebook athletics page "Prescott Learning Centre Athletics" for up-to-date pictures and info. You can also access the athletics calendar on our school website - <https://prescott.psd.ca/programs/athletics> - This should make it easy to filter by your athlete's team and sync to your calendar on your device.

New and Updated Information

Grade Three Candy Grams - For the 9th year in a row the Prescott Grade 3 classes will be offering the candy gram program to our students and families. Students and families can purchase a \$1 candy gram for a student in our school. A candy gram is a small card filled out with the name and grade of the recipient. A small message can also be added to the card. An actual candy cane is attached to the card before being delivered to the recipient. There will be 2 times in which candy grams can be purchased. Firstly, families may buy candy grams before and after all four of our Christmas concerts on December 4th and 5th. There will be a table set up in the main area outside the gym.

Candy grams will also be available during lunch hours, so all students have the opportunity to participate. Lunch time sales will occur on the following days: Tuesday, December 10 - Friday, December 13. The grade 3 classes will organize and deliver the candy grams during the last week of school, before Christmas Break.

Last year over \$2400.00 dollars was raised. Grade 3 students worked together to decide where proceeds would be donated. It was decided that the proceeds would be split evenly between the Parkland Food Bank, the Stollery Children's Hospital and the Against Malaria International Foundation. Thank you for supporting this fun and worthwhile cause. Each year our grade 3 students are so proud to make a difference in the lives of others.

Music Notes from Mrs. Surrendi - Christmas Concert: "The Nutcracker" December 4th and 5th - CONCERT TICKET INFORMATION: Despite glitches, we hope that you have been able to secure seats for our upcoming concerts on December 4th and 5th. Please note, PowerSchool may not reflect the number of tickets you have reserved; Mrs. Surrendi has a master list and has been contacting families that requested additional seats. If you have not heard from her, or are unsure, please reach out to confirm.

- *If you have not reserved your seats yet, please do so on PowerSchool. In order to adhere to fire code, students with surnames A-K will perform on Wednesday, December 4th; students with surnames L-Z on Thursday, December 5th.
- *Concert dress: holiday best!
- *RESERVE YOUR TICKETS SOON; we will be adding additional tickets to families by the end of this week, and you do not want to miss your child/ren performing this traditional story!
- *There are no specific costumes for students; they can dress in their holiday best. Mrs. Surrendi does request that there be no t-shirts with images/writing, and no hoodies, sweat pants or hats; thank you!

Any inquiries can be made to Mrs. Surrendi; Shauna.Surrendi@psd.ca

Paws for the Cause: Collecting for the local Food Bank and Kinette Hampers - The Grade Six classes are challenging all the classes to fill a bin with non-perishable food for the Food Bank, and fill a box with items for the local Kinette Hampers (toys, gift cards, winter mitts/hats, etc.) The class from each division that collects the most will have a pizza party! Deadline for classes will be at our last concert, the evening of December 5th.

Athletics - Basketball Tryouts - The Sr. Boys and Sr. Girls Basketball tryouts are concluded. This week we will be holding the Jr. A Girls and Jr. A Boys tryouts this week (please refer to the 'Athletics This Week' section at the beginning of this memo). Jr. A teams are typically made up of players in Grade Eight and Seven students, although on occasion Grade Six players have made the team. Beginning the week after next the gyms will be closed for Christmas Concerts. Please check out future memos for Jr. B Tryout dates (Grades Five to Seven).

As well, we have riches in the number of players trying out for basketball teams. We would like to give as many players the opportunity to play organized basketball as possible. However, we need your help. If you are able to help coach please reach out to Mr. McNaughton at carson.mcnaughton@psd.ca. You will be paired with a staff supervisor to support you in the managerial tasks. All you will have to do is coach. The commitment is minimal, the rewards are immense, and your time would be greatly appreciated.



PLCFF is running a gift card fundraiser from November 1 – 29, 2024. A variety of gift cards can be purchased through prescott.hotlunches.net, with an option of sending them home with your child or pick up from the school on a set date, to be determined, at the end of this fundraiser.

These are the perfect gift for the Christmas season, while *also* supporting local *and* helping to raise funds for items on the school's wish list this year.

Check out our various participating local businesses below and get shopping !!



Used Book Fair - Deadline Extended this Week! Calling all book lovers!! We're having our first **Prescott Book Fair!** Now is a great time to start sorting through your gently used book collection.

We will be collecting books from November 18 until November ~~22~~ 29th and will be having a sale during the Christmas concerts the first week of December. This is a great way to upcycle your used books and update your current reading preferences for a fraction of the cost.

We can't wait to see you there! Please send your books along with your child. Sorting will begin this week.

December School Council Meeting Date Change - As a result of the Christmas Concert on Wednesday, Dec. 4th, the date for the December School Council meeting has been changed to Tuesday, Dec. 3rd. Please mark your calendars and we hope you can join us.

Prescott Learning Centre Fundraising Foundation Update: Christmas Gift Cards - FINAL WEEK!! You only have until Friday, November 29th to purchase your gift cards through HotLunches

(<https://prescott.hotlunches.net>).

Do you purchase your gas at CO-OP? Why not grab some gift cards? The school earns 10% back!

Do you want to purchase a little holiday gift for your child's teacher or co-worker, but don't know what to get? Why not a gift card for some cookies, beef jerky, plants or the spa? The school earns 20% back!

LAST CHANCE for you to help raise funds for items on the school's wish list this year, and support local business.

There is also the option, when ordering, to have gift cards sent home with your child to make it even easier! **Thank you for your support!**



Previously Shared Information

Sr. Girls Volleyball Division 1 Champions - Congratulations to our Sr. Girls Volleyball team for taking the Div. 1 Championships. The team took home the banner on Monday the 4th with a decisive three sets to one victory over St. Thomas Aquinas. Again, well done Pumas, and my thanks to all of the coaches for giving their time and making the season such a success for all players.



A special thank you to all the coaches who made this possible. None of our seven (7!) teams would have been possible without their dedication, time, and effort. Please join us in offering thanks to:

Sr Girls - Mr. Adams & Ms. Khondowe

Sr. Boys - Mr. McNaughton & Mr. Byrne

Jr A Girls Team 1 - Mrs. Burgess & Mrs. Long

Jr A Girls Team 2 - Ms. Brit Hoover

Jr A Boys - Mr. Shaw & Mr. Pontikes

Jr B Girls - Mrs. Dodman & Mrs. Yeung

Jr B Boys - Mrs. Gagnon, Mrs. Van Veen & Zelany Van Veen

Addictions and Teen Drug Use - Nov 28th at the PSD Centre for Education - For National Addictions Week, PSD is offering a workshop on Addictions and Teen Drug Use. In this workshop attendees will learn an overview of the popular drugs/trends, be taught to identify signs of substance abuse, learn about prevention and other important information. In our upcoming session, we will be joined by Lisa Kimmerly, a Mobile Substance Use Therapist with Alberta Health Services. Here's the link to register and get more information please click: (<https://www.eventbrite.ca/e/strong-families-addictions-and-teen-drug-use-tickets-1010813639807?aff=erellivmlt>). This session is offered both in person and virtually.

HOT LUNCH- Orders are now open! The PLCFF and our Hot Lunch Volunteers have again partnered with multiple local businesses to provide hot lunches to our children every week on alternating Wednesdays and Thursdays. Order by term OR by lunch date, each lunch date closes 2 weeks prior to lunch date; unfortunately, no late orders or unpaid orders can be accepted. Here's How to register:

1. Go to <https://prescott.hotlunches.net>

2. Click the "REGISTER" menu at the top right-hand corner to sign up. - Our school code is PLCHL

3. Enter your name, email address and phone, then a user id that you will use for access to the hot lunch's application. Enter a password and then enter it again to verify that it is correct.
4. Once registered, you will be logged into the website
5. Please add your students by clicking on the green "STUDENTS" button in the top left corner.

Once your students have been added to the system you will be able to place lunch orders immediately by clicking the "Order" button below each child's name. Here are the dates and vendors:

Thurs. Nov. 28th - Quiznos Weds. Dec. 4th - Dairy Queen Thurs. Dec. 12th - Pizza 73

Follow us on Facebook at Prescott Learning Centre Fundraising Foundation or visit our webpage at www.plcff.com for ongoing fundraising updates. Email us at executive@plcff.com for any questions or opportunities you would like to bring forward.
Kind regards, Prescott Learning Centre Fundraising Foundation

Prescott Travel Club - Hello Prescott Families! As many of you may already know, Prescott is starting a Travel Club! We are planning to take a group of grade 7, 8 and 9 students to Quebec over spring break of the 2025-2026 school year! That means that if your student is entering grade 6, 7 or 8 this year (2024-25), they are eligible to travel with us! **Travelers enrolled before November 30th, 2024 qualify for a \$150 discount!. Please refer to the Flyer just below for more information.** If you are interested in learning more about this exciting opportunity, please send an email to Sarah Saysana at sarah.saysana@psd.ca.

Final Thoughts - Old man winter arrived with a vengeance last week and this weekend and it would appear that he is going to stick around at least until the end of the week. If the forecast holds true we will likely end the week with indoor recess. Like last week I need to ask your help to ensure your child(ren) are wearing weather appropriate clothing including warm boots, mitts, hats, and scarves. Even if we are indoors for recess, we all need to take into account walks to and from school, waiting for the doors to open in the morning, and the temperature at the back of the school bus.

While our lovely Miss Kelly and PSD facilities do a great job keeping the sidewalks clear and safe, the snowfall warning from this weekend will certainly make side streets and our parking lot slippery. I'll ask that you take extra caution during drop off and pick up.

Once again, if you have any questions or concerns on this, or any other matter please don't hesitate to reach out. To ensure a quicker response, please feel free to email both myself and my very capable assistant principals at the addresses below:

heather.huisman@psd.ca

esther.vanbeek@psd.ca

chris.shaw@psd.ca.

Take care, Chris



Spring Break 2026



Enrollment Link – Scan QR Code Above
Tour Number: 2785543SN
Discount: \$150 if you sign-up before
November 30th 2024

Prescott Learning Centre Fundraising Foundation Information



Christmas GIFT LIST

GIFT CARD FUNDRAISER

PLCFF is running a gift card fundraiser from November 1 – 29, 2024. A variety of gift cards can be purchased through prescott.hotlunches.net, with an option of sending them home with your child or pick up from the school on a set date, to be determined, at the end of this fundraiser.

These are the perfect gift for the Christmas season, while *also* supporting local *and* helping to raise funds for items on the school's wish list this year.

Check out our various participating local businesses below and get shopping!!



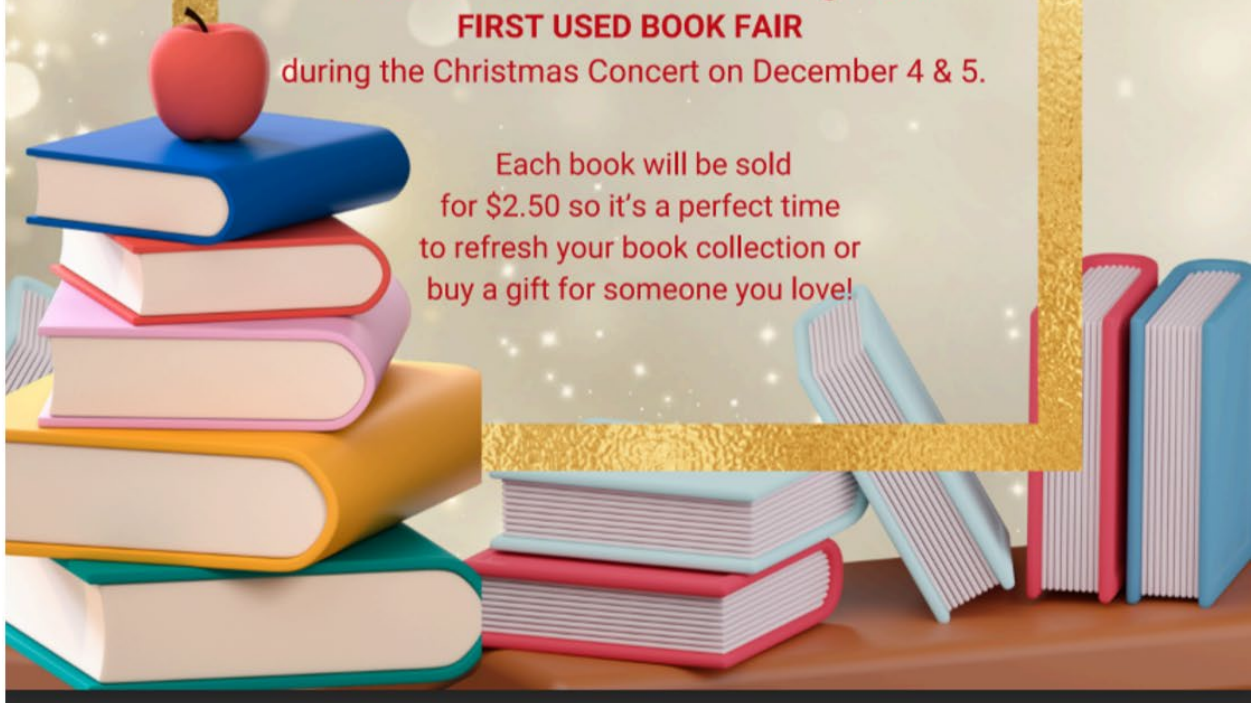


'TIS THE SEASON
TO BE READING

PLC BOOK FAIR

We will be collecting your gently used books from
November 18-29 and will be having PLC's
FIRST USED BOOK FAIR
during the Christmas Concert on December 4 & 5.

Each book will be sold
for \$2.50 so it's a perfect time
to refresh your book collection or
buy a gift for someone you love!



SHARE A THOUGHT



Prescott Learning Centre and Parkland School Division rely on stakeholder feedback to learn and improve for the benefit of students, families, staff and the community.

Scan the QR code to share your thoughts!

USE YOUR PHONE'S CAMERA OR A QR CODE READER APP.



For more information, please contact the school at prescott@psd.ca or 780-571-8079.



TRIREGION FOOD RESOURCES

Updated: November 2022

FOOD HAMPERS

Parkland Food Bank

105 Madison Crescent, Spruce Grove
Monthly Food Hampers, by appointment,

- Tuesdays 8:30AM-4:30PM
- Wednesday 8:30AM-2:00PM + 6:20-8PM
- Friday 8:30AM-4:30PM
- Saturday 8:30AM-12:30PM

780-962-4565 ext. 1

WEE Community Food Bank

5019 50 Ave Entwistle AB (Old Fire Hall)
Monthly Hampers, by appointment on Wednesdays, Call before Tuesday for appointment.

780-727-4043

Wecan Food Basket

5600-50 St, Stony Plain
Fresh Nutritious Affordable Food Basket
Order by first Friday, pickup on third Thursday of month
Monday - Friday, 9AM-4PM
587-338-1101

Warming Hearts Pantry

4911-50 St., Tomahawk (liquor store)
Food pantry of non-perishable items. No appointment necessary.

BASIC NEEDS HELP

Community Helps Team

180 Century Road, Spruce Grove
780-962-5611 / 789-306-1955
helps@sprucegrove.church

NeighbourLink Parkland

Serving Spruce Grove, Stony Plain, Parkland County
780-960-9669
www.neighbourlinkparkland.ca
neighbourlink.parkland@telus.net



FOOD RESCUES

Auggie's Cafe

131 Church Rd, Spruce Grove
Tuesdays 11-1PM

apfa Food Rescue

Family Connection Centre
5600 50 Street, Stony Plain
Thursdays 10AM - 3PM
Fridays 1-4 (Check facebook for updates)

Food for the Soul

Lighthouse Pentecostal Church
49 Boulder Blvd., Stony Plain
First and third Saturday 10AM-1PM

Grace's Table

250 Century Road, Spruce Grove
Second Friday of month 5PM-6:30PM

Community Table

180 Century Road, Spruce Grove
Last Friday of the month
<https://www.sgconline.breezechms.com/form/communitytable>
780-962-5611

COMMUNITY MEALS

Auggie's Cafe

131 Church Rd, Spruce Grove
Drop-in for take out bagged lunch
Tuesdays 11-1PM

Food for the Soul

49 Boulder Blvd., Stony Plain
Drop-in for bagged lunch
First and third Saturday 10AM-1PM

Grace's Table

250 Century Road, Spruce Grove
Hot meal to go for pick up
Second Friday of month 5PM-6:30PM
www.sgac.net/eventregistration
780-962-4700

Community Table

180 Century Road, Spruce Grove
Hot meal to go for pick Up
Last Friday of the month
www.sgconline.breezechms.com/form/communitytable
780-962-5611



COMMUNITY LOW COST COUNSELLING SERVICES

Updated November 2023

All listed services do not exceed \$75.00 per hour and are available to anyone in the Tri-Municipal Region.

Dochas Psychological Services Hub for Hope

202, 636 King Street, Spruce Grove

- Hub for Hope provides individuals with 8 (50 minute) counselling sessions at no cost, provided by an intern psychologist.
- Counselling options can be provided either in person or virtual.

Phone Number: 780-446-0300

Family Life Psychology

201, 323 McLeod Ave, Spruce Grove

- Family Life Psychology offers counselling services with Mental Health Therapists at a reduced rate of \$75 per hour.

Phone Number: 780-963-7451

Alycol Integrated Health Services Restore Program

Suite 201, 95 McLeod Avenue, Spruce Grove

- Alycol's Restore Program offers no/low-cost therapy sessions on a case-by-case basis with a maximum rate of \$50.00 per hour with a practicum intern.
- Counselling options can be provided either in person or virtual.

Phone Number: 780-409-8798

Family Resource Network

Family Connections Centre
5600 50 Street, Stony Plain

- The Family Resource Network offers free single session virtual counselling to children and youth under 18 and their caregivers.

Phone Number: 1.877.244.2360

Schaffer Psychology

Suite 103, 7 Boulder Blvd, Stony Plain

- Schaffer Psychology offers no/low-cost therapy sessions on a case-by-case basis with a maximum rate of \$50.00 per hour with a practicum intern.

Phone Number: 780-910-3420

If you are a service provider in the Tri-Municipal Region, and would like to be included on this list please contact connect@stonyplain.com . Please note, being included on this list does not constitute an endorsement by the Town of Stony Plain Community and Social Development.

Tri-Municipal Region Support Guide

I NEED TO TALK TO SOMEONE NOW (24H)

Distress Line	780-482-4357(HELP)
Addiction Helpline	1-866-332-2322
Child Mental Health (8am-11:45pm)	780-407-1000
Kids Help Phone	1-800-668-6868
Bullying Helpline	1-888-456-2323
BriteLine (for 2SLGBTQIA+)	1-844-702-7483
Seniors Abuse Helpline.....	780-454-8888
Family Violence Info Line.....	310-1818
Sexual Assault Centre (9am-9pm).....	780-423-4121
First Nations & Inuit Mental Health Hope for Wellness	1-855-242-3310
National Indian Residential School Crisis Line	1-866-925-4419
MMIWG Helpline.....	1-844-413-6649

I NEED IMMEDIATE HELP **Call 911**

Emergency Financial Assistance ..	780-644-5135
Access 24/7 (Adults)	
Addictions & Mental Health	780-424-2424
Child Intervention Services	780-422-2001
Children's Cottage Childcare	780-944-2888

I NEED HEALTH INFORMATION

Health Link Alberta (24/7)	811
----------------------------------	-----

I DON'T EVEN KNOW WHERE TO START?



24-hour information and referral line connecting you to social, health and government services.



www.HelpSeeker.org
Get the app on your phone to find local supports and resources.

HELP FOR HARD TIMES TRI-REGION SUPPORT GUIDE

Spruce Grove FCSS
#105 - 505 Queen Street
Spruce Grove, AB
780-962-7618

Town of Stony Plain
Community and Social Development
#107, 4613 - 52 Avenue
780-963-8583



WHERE CAN I FIND A SAFE PLACE TO SLEEP AT NIGHT?

George Spady (men, women)	780-424-8335
Women's Emergency Accommodation Centre	780-423-5302
Hope Mission (ages 16+, men, women)....	780-422-2018
Youth Empowerment & Support Services (YESS).....	780-468-7186
Salvation Army (Transitional Housing, \$13/day)	780-429-4274

I NEED A DOMESTIC VIOLENCE SHELTER

Alberta Council of Women's Shelters 24/7	1-866-331-3933
---	----------------

I NEED DETOX SUPPORT

George Spady.....	780-424-8335
AHS Detox Centre	780-427-4291
Youth Edmonton Detox.....	780-408-8783

I NEED A SAFE CONSUMPTION SITE

George Spady Centre	780-424-8335
Boyle McCauley Health Centre....	780-422-7333

I NEED HELP WITH MENTAL HEALTH AND/OR ADDICTIONS

Access 24/7 Adult Addictions/Mental Health	780-424-2424
Youth Addiction Services	780-408-8783
Access Open Minds (youth 16-25).....	780-415-0048
Child and Adolescent Mental Health Services.....	825-402-6799
WestView PCN Youth Mental Health Clinic (ages 11-24)	780-960-9533

I NEED HELP WITH BASIC NEEDS

NeighbourLink Parkland	780-960-9669
Community Helps Team	780-962-5611
Pay Forward Kindness (homeless supports).....	587-286-4663
Parkland Pregnancy Support Centre (Tue & Thurs 12-3pm).....	780-962-5505

WHERE CAN I FIND FOOD?

Parkland Food Bank	780-962-4565
WeCan Food Basket.....	587-338-1101

WHERE CAN I FIND A COMMUNITY MEAL?

Auggies Café (Take out, Tues 11AM-1PM) 131 Church Rd, Spruce Grove.....	780-962-5131
Food for the Soul (1 st , 3 rd Sat 10AM-1PM) 49 Boulder Blvd., Stony Plain	780-963-3110
Grace's Table (2 nd Fri 5-6:30PM) 250 Century Road, Spruce Grove	780-962-4700
Community Table (last Fri 5-7PM) 180 Century Road, Spruce Grove	780-962-5611
apfa Food Rescue Community Fridge (M-F 8:30-4PM) 5600-50 Street, Stony Plain	780-963-0549