



Prescott Weekend Update



Oct. 27th, 2024

Hello PLC Families:

Prescott Learning Centre

340 Pioneer Road
Spruce Grove, AB T7X 0T1
Phone: 780-571-8079
Email: prescott@psd.ca

Principal:

Mr. Chris Shaw
chris.shaw@psd.ca
@seedshaw

Assistant Principal:

Ms. Heather Huisman
heather.huisman@psd.ca

Assistant Principal:

Mrs. Esther van Beek
esther.vanbeek@psd.ca

Inclusive Education Lead:

Mrs. Nicole Blanchet
nicole.blanchet@psd.ca

Head Secretary:

Valerie Bradford

Secretaries:

Shelby Warkenten
Rae Woods

Website:

<https://prescott.psd.ca/>

Facebook:

<https://www.facebook.com/PrescottPSD>

This week I'd like to start with a few information items.

This Thursday, homerooms will be hosting a variety of activities on Halloween Day. And while we love to get treats from home, to avoid disappointment, and for the safety of everyone, a reminder that any consumable food or treats that will be shared with the rest of the class needs to be store bought/purchased.

Also, please keep in mind that with Halloween falling on a school day, there will still be learning (and yes, a bit of fun!) occurring. Because of this I need to ask that students not bring or wear full face masks into school that day nor do they bring realistic looking replica weapons/guns to school. If you have any questions, please feel free to reach out to me via email.

Please mark your calendars that Parent/Teacher Interviews will be happening the week after next. In person interviews will take place on Wednesday, Nov. 6th from 3:30 to 6:30, and virtual/online interviews will occur on Thursday, Nov. 7th from 4:30 to 7:30. And while we have an eye on the calendar, Friday, Nov. 8th is a professional development/staff planning day. No students will be in attendance. The week following, Nov. 11th through 15th is Fall Break, with school closed for students and staff.

Because of Fall Break, our Remembrance Day Ceremony will take place on the morning of Thursday Nov. 7th. Poppies will also be on sale at the school later this week. We will be hosting two ceremonies:

- The Kindergarten to Grade Five students will attend from 9:15 - 9:50 am
- Grades Six to Nine students 10:30 - 11:10 am

PLC families are welcome to attend either event. We ask that you first sign in at the office for a visitor's pass. And while you're here, please take a moment to check out our lost and found. Thanks for reading, and have a great week everyone.

Important Events This Week				
Monday 28 th	Tuesday 29 th	Wednesday 30 th	Thursday 31 st	Friday 1 st
School Bus Safety Week	Smudging (Small Gym) Gr. 6 Immunizations Round One	Hot Lunch: Quiznos	PLC Halloween Activities Smudging	November! Wednesday Schedule Gr. 5 TWOS Field Trip
Important Events Next Week				
Monday 4 th	Tuesday 5 th	Wednesday 6 th	Thursday 7 th	Friday 8 th
Smudging (Small Gym)		Take Our Kids to Work Day Parent/Teacher Interviews: In Person 3:30 – 6:30 pm School Council 6:30 pm	Remembrance Day Ceremonies Hot Lunch: Dairy Queen Parent/Teacher Interviews: Virtual 4:30 – 7:30 pm	Professional Development/ Planning Day (No Students)

Athletics Dates This Week*	
Monday	Sr. Girls and Boys Practice @ Noon Sr. Girls and Boys Practice @ 3:15 – 5:00
Tuesday	Sr. Girls and Boys Practice @ Noon Sr. Boys Game @ Living Waters 3:45 pm Sr. Girls Game @ Graminia 3:45 pm
Wednesday	Practices TBD
Thursday	Practices TBD
Friday	Practices TBD
Saturday	N/A

*These times are subject to change.

Follow our Facebook athletics page "Prescott Learning Centre Athletics" for up-to-date pictures and info. You can also access the athletics calendar on our school website - <https://prescott.psd.ca/programs/athletics> - This should make it easy to filter by your athlete's team and sync to your calendar on your device.

New and Update Information

Alberta Health Services Immunizations - AHS will be administering immunization shots for grade six and nine students this year. Grade Six students will receive the Hepatitis B and Human Papillomavirus vaccines to be delivered in 2-dose series 6 months apart on Tuesday, October 29th and Tuesday April 29th 2025 am/pm. Grade Nine vaccines will take place on Tuesday, January 14th. ***Please note: students will never receive a vaccination without the explicit written consent of legal parents/guardians.***

For all students between Grade One and Nine:

- Immunization records will be reviewed and parents/guardians will be notified by AHS if their children are due for any previously missed vaccines.

- Grade Three to Nine students will be updated at school during the year with parents' consent.
- Kindergarten to Grade Two immunizations will be updated at school clinics that run throughout the year at the Public Health Center in Stony Plain.

If you have any questions or concerns please reach out to me at the office.

November Stronger Together

Newsletter - This month's Stronger Together Newsletter shares information on teen drug use and addiction. You can also find out about the upcoming

Strong Families sessions, Remembrance Day Services, winter clothing community resources and more. Each month, Parkland School Division's Student Services team compiles a newsletter for parents and guardians of students. Inside you will find information, opportunities and strategies to help you and your family connect with us on your child's educational journey. Click <https://www.psd.ca/download/471395> for this month's edition.



Lost & Found: Our Bin Overflowing - If you can't find that missing shoe or hoody I'll ask that you stop in at the office and then have a look through our Lost and Found Bin. While some of the items are from visiting teams, community users, and the playground, the vast majority are from PLC students. As a dad (and granddad) it pains me to donate these items to the local thrift stores. If you can, please swing by this week and look through the items to see if your child is missing anything? ***We will have our lost and found items laid out on tables for the week of Nov. 4th - 7th including Parent Teacher Interviews. Please stop at the school to look for lost items. After Fall Break we will be donating items to a local, non-profit thrift store.***

Smudging Tuesday - With our school's Halloween Activities happening this week, we will be moving smudging from Thursday to Tuesday. We will return to our usual schedule next week with smudging on Monday Nov. 4th.

Music notes from Mrs. Surrendi - Music Notes from Mrs. Surrendi:

- *Choir will be on Wednesday this week as Halloween activities are Thursday
- *T-shirts are in for choir members; those that have paid have received theirs.

Thank you, Mrs. Surrendi Shauna.Surrendi@psd.ca

Athletics - Junior & Senior Volleyball Playoffs - Hello Athletics' Parents & Guardians, The volleyball schedule for next week has been posted in the 'Athletics This Week' table at the beginning of this memo. Please note that if Sr Girls or Boys win on Tuesday, they will definitely play on Wednesday (location TBD). I have also included the playoff brackets [HERE](#) so you can follow the results. Congrats on a great season to all our Jr A and B teams! More info regarding a wrap-up party will be sent out next weekend. Mr. McNaughton

Prescott Learning Centre Fundraising Foundation - We would like to sincerely apologize for the Hot Lunch Reminder confusion last week. Thank you to everyone who made us aware, and thank you for your understanding as we investigated and made corrections.



DID YOU KNOW that it's less than 60 days until Christmas (eeeeek)?!

We are here to help make your holiday shopping a bit easier. From November 1st - 29th, PLCFF will be selling gift cards to a variety of amazing companies through hotlunches.net. Not only will you be helping raise funds for items on the school's wish list this year, but you will also be supporting local business; WIN-WIN!

Keep your eyes open for further details posted on PLCFF's Facebook page!

Many thanks to our wonderful volunteers, without you, the Monster Mash Bash would not happen. Thank you for your time.

Time is the greatest resource we can give. There is never enough of it. We appreciate everyone involved in all our initiatives, from school dances and the hot lunch program, to Freezie Fridays, and everything in between.

At the October AGM a new executive was elected with a mix of new and familiar faces. Congratulations to the following executive board members:

President: Randie Dodman

Vice President: Amber Lafitte

Treasurer: Randi Haggett

Secretary: Sheila Clements

Class Reps: Amanda Hanki, Stephanie Evans, Jasmine Tai Knoll

Previously Shared Information

HOT LUNCH- Orders are now open! The PLCFF and our Hot Lunch Volunteers have again partnered with multiple local businesses to provide hot lunches to our children every week on alternating Wednesdays and Thursdays. Order by term OR by lunch date, each lunch date closes 2 weeks prior to lunch date; unfortunately, no late orders or unpaid orders can be accepted. Here's How to register:

1. Go to <https://prescott.hotlunches.net>
2. Click the "REGISTER" menu at the top right-hand corner to sign up. - Our school code is PLCHL
3. Enter your name, email address and phone, then a user id that you will use for access to the hot lunch's application. Enter a password and then enter it again to verify that it is correct.
4. Once registered, you will be logged into the website
5. Please add your students by clicking on the green "STUDENTS" button in the top left corner.

Once your students have been added to the system you will be able to place lunch orders immediately by clicking the "Order" button below each child's name. Here are the dates and vendors:

Weds. Oct. 30th Quiznos Thurs. Nov. 7th - Dairy Queen Weds. Nov. 20th - Pizza 73

Thurs. Nov. 28th - Quiznos Weds. Dec. 4th - Dairy Queen Thurs. Dec. 12th - Pizza 73

Follow us on Facebook at Prescott Learning Centre Fundraising Foundation or visit our webpage at www.plcff.com for ongoing fundraising updates. Email us at executive@plcff.com for any questions or opportunities you would like to bring forward.

Kind regards, Prescott Learning Centre Fundraising Foundation



Prescott Travel Club Hello Prescott Families! As many of you may already know, Prescott is starting a Travel Club! We are planning to take a group of grade 7, 8 and 9 students to Quebec over spring break of the 2025-2026 school year! That means that if your

student is entering grade 6, 7 or 8 this year (2024-25), they are eligible to travel with us! If you are interested in learning more about this exciting opportunity, please send an email to Sarah Saysana at sarah.saysana@psd.ca.

Final Thoughts - It was great to see so many of you last Wednesday at the Playground Grand Reopening. We were overwhelmed by the number of folks who joined us. The weather cooperated...and the playground? With your support we've made an incredible space even better for everyBody. Our gratitude goes out to Amanda Hanki, Mrs. Vasilef, the fine folks at the PLCFF, our incredible sponsors, and of course all of you for your support, understanding, and patience.

And speaking of the PLCFF, what a great ~~Spektacular~~ Monster Mash Bash Dance we had on Saturday. Sure, it's a fundraiser that will provide many great items and opportunities for our students. More importantly, it's just a good time that brings all of us together for a wonderful evening. It's important to note that while the dance took place at the school, the organization, effort, and full credit goes to the fine folks at the PLC Fundraising Foundation. From start to finish it was their 'show', and what a show it was.

To all of you who stayed after the dance to help clean up? Thank you, it was above and beyond. After a long day preparing and decorating, being able to go home much sooner than expected just reaffirmed what a wonderful community we have here at PLC. To everyone, thanks for joining us, and thanks again to the goods folks at the PLCFF.

As always, if you have any questions or concerns please feel free to contact either my assistant principals or me at:

heather.huisman@psd.ca

esther.vanbeek@psd.ca

chris.shaw@psd.ca.

Take care, Chris

Prescott Learning Centre Fundraising Foundation Information



CALL OUT FOR VOLUNTEERS!

Whether you are able to help out with setting up, concession, games/crafts, supervising or tear down, we would love to hear from you! We rely heavily on volunteers in order to run this fun event for our students - the more volunteers we get, the shorter the shifts are for all.

Please email executive@plcff.com if you are able to help.

Note that all children must be accompanied by an adult who remains at the school



USED BOOK FAIR

Are you interested in cleaning out your gently used book collection and giving it an update? We've heard you loud and clear!

Join us for Prescott Learning Centre's first Used Book Fair on December 4 and 5, 2024.

We will be collecting your gently used books during the month of November and will be selling them during the Christmas concert to raise funds for our school.

This is a great opportunity to support your child's literacy without breaking the bank. Stay tuned for more updates as we'll see which class can bring in the most books collectively!



GIFT CARD FUNDRAISER

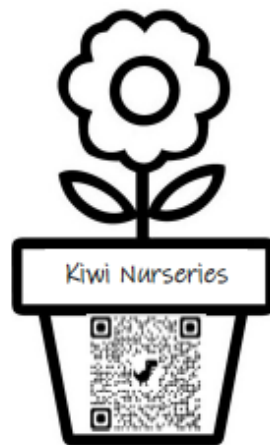
PLCFF is running a gift card fundraiser from November 1 – 29, 2024. A variety of gift cards can be purchased through prescott.hotlunches.net, with an option of sending them home with your child or pick up from the school on a couple of set dates, to be determined, being at the mid-point and end of this fundraiser.

These are the perfect gift for the Christmas season, while also supporting local and helping to raise funds for items on the school's wish list this year.

Check out our various participating local businesses below and get shopping!



(gas, groceries, pharmacy
& hardware)



(plants & gifts)



Great North Cookie Co.

(gourmet soft cookies)



(formerly Wilhauk Beef Jerky
- all the meat)



(full spa services)



(grab your gift cards here!)

SHARE A THOUGHT



Prescott Learning Centre and Parkland School Division rely on stakeholder feedback to learn and improve for the benefit of students, families, staff and the community.

Scan the QR code to share your thoughts!

USE YOUR PHONE'S CAMERA OR A QR CODE READER APP.



For more information, please contact the school at prescott@psd.ca or 780-571-8079.



TRIREGION FOOD RESOURCES

Updated: November 2022

FOOD HAMPERS

Parkland Food Bank

105 Madison Crescent, Spruce Grove
Monthly Food Hampers, by appointment,

- Tuesdays 8:30AM-4:30PM
- Wednesday 8:30AM-2:00PM + 6:20-8PM
- Friday 8:30AM-4:30PM
- Saturday 8:30AM-12:30PM

780-962-4565 ext. 1

WEE Community Food Bank

5019 50 Ave Entwistle AB (Old Fire Hall)
Monthly Hampers, by appointment on Wednesdays, Call before Tuesday for appointment.

780-727-4043

Wecan Food Basket

5600-50 St, Stony Plain
Fresh Nutritious Affordable Food Basket
Order by first Friday, pickup on third Thursday of month
Monday - Friday, 9AM-4PM
587-338-1101

Warming Hearts Pantry

4911-50 St., Tomahawk (liquor store)
Food pantry of non-perishable items. No appointment necessary.

BASIC NEEDS HELP

Community Helps Team

180 Century Road, Spruce Grove
780-962-5611 / 789-306-1955
helps@sprucegrove.church

NeighbourLink Parkland

Serving Spruce Grove, Stony Plain, Parkland County
780-960-9669
www.neighbourlinkparkland.ca
neighbourlink.parkland@telus.net



FOOD RESCUES

Auggie's Cafe

131 Church Rd, Spruce Grove
Tuesdays 11-1PM

apfa Food Rescue

Family Connection Centre
5600 50 Street, Stony Plain
Thursdays 10AM - 3PM
Fridays 1-4 (Check facebook for updates)

Food for the Soul

Lighthouse Pentecostal Church
49 Boulder Blvd., Stony Plain
First and third Saturday 10AM-1PM

Grace's Table

250 Century Road, Spruce Grove
Second Friday of month 5PM-6:30PM

Community Table

180 Century Road, Spruce Grove
Last Friday of the month
<https://www.sgconline.breezechms.com/form/communitytable>
780-962-5611

COMMUNITY MEALS

Auggie's Cafe

131 Church Rd, Spruce Grove
Drop-in for take out bagged lunch
Tuesdays 11-1PM

Food for the Soul

49 Boulder Blvd., Stony Plain
Drop-in for bagged lunch
First and third Saturday 10AM-1PM

Grace's Table

250 Century Road, Spruce Grove
Hot meal to go for pick up
Second Friday of month 5PM-6:30PM
www.sgac.net/eventregistration
780-962-4700

Community Table

180 Century Road, Spruce Grove
Hot meal to go for pick Up
Last Friday of the month
www.sgconline.breezechms.com/form/communitytable
780-962-5611



COMMUNITY LOW COST COUNSELLING SERVICES

Updated November 2023

All listed services do not exceed \$75.00 per hour and are available to anyone in the Tri-Municipal Region.

Dochas Psychological Services Hub for Hope

202, 636 King Street, Spruce Grove

- Hub for Hope provides individuals with 8 (50 minute) counselling sessions at no cost, provided by an intern psychologist.
- Counselling options can be provided either in person or virtual.

Phone Number: 780-446-0300

Family Life Psychology

201, 323 McLeod Ave, Spruce Grove

- Family Life Psychology offers counselling services with Mental Health Therapists at a reduced rate of \$75 per hour.

Phone Number: 780-963-7451

Alycol Integrated Health Services Restore Program

Suite 201, 95 McLeod Avenue, Spruce Grove

- Alycol's Restore Program offers no/low-cost therapy sessions on a case-by-case basis with a maximum rate of \$50.00 per hour with a practicum intern.
- Counselling options can be provided either in person or virtual.

Phone Number: 780-409-8798

Family Resource Network

Family Connections Centre
5600 50 Street, Stony Plain

- The Family Resource Network offers free single session virtual counselling to children and youth under 18 and their caregivers.

Phone Number: 1.877.244.2360

Schaffer Psychology

Suite 103, 7 Boulder Blvd, Stony Plain

- Schaffer Psychology offers no/low-cost therapy sessions on a case-by-case basis with a maximum rate of \$50.00 per hour with a practicum intern.

Phone Number: 780-910-3420

If you are a service provider in the Tri-Municipal Region, and would like to be included on this list please contact connect@stonyplain.com . Please note, being included on this list does not constitute an endorsement by the Town of Stony Plain Community and Social Development.

Tri-Municipal Region Support Guide

I NEED TO TALK TO SOMEONE NOW (24H)

Distress Line	780-482-4357(HELP)
Addiction Helpline	1-866-332-2322
Child Mental Health (8am-11:45pm)	780-407-1000
Kids Help Phone	1-800-668-6868
Bullying Helpline	1-888-456-2323
BriteLine (for 2SLGBTQIA+)	1-844-702-7483
Seniors Abuse Helpline.....	780-454-8888
Family Violence Info Line.....	310-1818
Sexual Assault Centre (9am-9pm).....	780-423-4121
First Nations & Inuit Mental Health Hope for Wellness	1-855-242-3310
National Indian Residential School Crisis Line	1-866-925-4419
MMIWG Helpline.....	1-844-413-6649

I NEED IMMEDIATE HELP **Call 911**

Emergency Financial Assistance ..	780-644-5135
Access 24/7 (Adults)	
Addictions & Mental Health	780-424-2424
Child Intervention Services	780-422-2001
Children's Cottage Childcare	780-944-2888

I NEED HEALTH INFORMATION

Health Link Alberta (24/7)	811
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I DON'T EVEN KNOW WHERE TO START?



24-hour information and referral line connecting you to social, health and government services.



www.HelpSeeker.org
Get the app on your phone to find local supports and resources.

HELP FOR HARD TIMES TRI-REGION SUPPORT GUIDE

Spruce Grove FCSS
#105 - 505 Queen Street
Spruce Grove, AB
780-962-7618

Town of Stony Plain
Community and Social Development
#107, 4613 - 52 Avenue
780-963-8583



WHERE CAN I FIND A SAFE PLACE TO SLEEP AT NIGHT?

George Spady (men, women)	780-424-8335
Women's Emergency Accommodation Centre	780-423-5302
Hope Mission (ages 16+, men, women)....	780-422-2018
Youth Empowerment & Support Services (YESS).....	780-468-7186
Salvation Army (Transitional Housing, \$13/day)	780-429-4274

I NEED A DOMESTIC VIOLENCE SHELTER

Alberta Council of Women's Shelters 24/7	1-866-331-3933
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I NEED DETOX SUPPORT

George Spady.....	780-424-8335
AHS Detox Centre	780-427-4291
Youth Edmonton Detox.....	780-408-8783

I NEED A SAFE CONSUMPTION SITE

George Spady Centre	780-424-8335
Boyle McCauley Health Centre....	780-422-7333

I NEED HELP WITH MENTAL HEALTH AND/OR ADDICTIONS

Access 24/7 Adult Addictions/Mental Health	780-424-2424
Youth Addiction Services	780-408-8783
Access Open Minds (youth 16-25).....	780-415-0048
Child and Adolescent Mental Health Services.....	825-402-6799
WestView PCN Youth Mental Health Clinic (ages 11-24)	780-960-9533

I NEED HELP WITH BASIC NEEDS

NeighbourLink Parkland	780-960-9669
Community Helps Team	780-962-5611
Pay Forward Kindness (homeless supports).....	587-286-4663
Parkland Pregnancy Support Centre (Tue & Thurs 12-3pm).....	780-962-5505

WHERE CAN I FIND FOOD?

Parkland Food Bank	780-962-4565
WeCan Food Basket.....	587-338-1101

WHERE CAN I FIND A COMMUNITY MEAL?

Auggies Café (Take out, Tues 11AM-1PM) 131 Church Rd, Spruce Grove.....	780-962-5131
Food for the Soul (1 st , 3 rd Sat 10AM-1PM) 49 Boulder Blvd., Stony Plain	780-963-3110
Grace's Table (2 nd Fri 5-6:30PM) 250 Century Road, Spruce Grove	780-962-4700
Community Table (last Fri 5-7PM) 180 Century Road, Spruce Grove	780-962-5611
apfa Food Rescue Community Fridge (M-F 8:30-4PM) 5600-50 Street, Stony Plain	780-963-0549