



Prescott Weekend Update



Oct. 20th, 2024

Hello PLC Families:

Prescott Learning Centre

340 Pioneer Road
Spruce Grove, AB T7X 0T1
Phone: 780-571-8079
Email: prescott@psd.ca

Principal:

Mr. Chris Shaw
chris.shaw@psd.ca
@seedshaw

Assistant Principal:

Ms. Heather Huisman
heather.huisman@psd.ca

Assistant Principal:

Mrs. Esther van Beek
esther.vanbeek@psd.ca

Inclusive Education Lead:

Mrs. Nicole Blanchet
nicole.blanchet@psd.ca

Head Secretary:

Valerie Bradford

Secretaries:

Shelby Warkenten
Rae Woods

Website:

<https://prescott.psd.ca/>

Facebook:

<https://www.facebook.com/PrescottPSD>

This week I'd like to share information about two great events happening at the school this week:

The matting is in, the fence is down, and the playground is open again! To celebrate, everyone is invited to attend the **Playground Grand Re-opening this Wednesday, October 23rd from 4:30 pm - 6:30 pm**. This is a drop-in event with prizes, hot dogs, and of course our new and improved playground. This is a great opportunity to see how accessibility cultivates community for EveryBODY. Please bring the family for an afternoon/early evening of food and fun. And you can also expect ribbon and big scissors! We hope to see you this Wednesday.

And then... **this Saturday the 26th**, PLC Fundraising Foundation will be hosting their annual **Halloween Spooktacular Family Dance**. The dance is open to all PLC families. As a family dance, I need to stress that **all children, from Kindergarten to Grade Nine, need to be accompanied by a parent or guardian**. That said, the Spooktacular is always a great time for everyone. Once again, we will have a professional DJ, a cash concession, free games and activities for children presented by PLC student volunteers, and of course, the obligatory photo booth. And it's a good thing too. The Spooktacular will give everyone the opportunity to 'test drive' their costumes prior to the big night on the 31st. And the photobooth will also provide for some fun shots of kids' costumes before the wear and tear of Trick or Treating takes its toll.

A few important details; tickets are \$5.00 per person with children two years and younger getting in free. Tickets can be purchased online through the PLCFF Hot Lunch website at <https://prescott.hotlunches.net>. If you have yet to do so, details for logging on and creating an account are available in the 'Previously Shared Information' section at the end of this memo. While there will be tickets available at the door, due to fire regulations we need to cap the number of guests. Unfortunately, due to fire code we had to turn families away in the past. To avoid disappointment, please purchase your tickets in advance through the [Hot Lunch Website](https://prescott.hotlunches.net). I look forward to seeing you this Saturday.

Important Events This Week				
Monday 21 st	Tuesday 22 nd	Wednesday 23 rd	Thursday 24 th	Friday 25 th
Smudging (Small Gym) School Bus Safety Week		Gr. 7-9 CTF Activate Field Trip	Photo Retakes Hot Lunch: Pizza 73	Tuesday Schedule Puma Pride: Pajama Day Gr. 7 Activate Field Trip
Important Events Next Week				
Monday 28 th	Tuesday 29 th	Wednesday 30 th	Thursday 31 st	Friday 1 st
	Gr. 6 Immunizations Round One	Hot Lunch: Quiznos	PLC Halloween Activities	Wednesday Schedule

Athletics Dates This Week*	
Monday	Jr. B Boys Practice @ Noon Jr A Boys & Girls Team 2 Practice @ Noon Jr A Boys Playoff vs High Park @ PLC 3:45 Jr A Girls Team 2 vs Living Waters @ PLC 4:45
Tuesday	Jr B Girls Practice @ Noon Jr A Girls Team 1 Practice @ Noon Sr Boys & Girls Practice @ 3:15 – 5:00
Wednesday	Jr B Boys Practice @ Noon Jr A Girls Team 1 Practice @ Noon Jr A Girls Team 1 Playoff vs TBD @ PLC 3:45
Thursday	Jr B Girls Practice @ Noon Sr Boys & Girls Practice @ 3:15 – 5:00 Jr B Boys & Girls Tournament @ PLC/GCMS Sr. Boys & Girls Volleyball Tournament @ Woodhaven
Friday	Noon Practices TBD Jr B Boys & Girls Tournament @ PLC/GCMS <u>DRAW</u> Sr. Boys & Girls Volleyball Tournament @ Woodhaven <u>DRAW</u>
Saturday	Sr. Boys & Girls Volleyball Tournament @ Woodhaven

*These times are subject to change.

Follow our Facebook athletics page "Prescott Learning Centre Athletics" for up-to-date pictures and info. You can also access the athletics calendar on our school website - <https://prescott.psd.ca/programs/athletics> - This should make it easy to filter by your athlete's team and sync to your calendar on your device.

New and Update Information

Library Appreciation Day - On the calendar this Monday is the day we take to recognize library staff across the country. If you 've ever spent any time in our Collaboration Centre, have walked through the book fair, or have seen her at some many events that she volunteers or supervises at, you'll surely recognize how beloved our Mrs. Briscoe is to students and staff. In this week's memo, on behalf of everyone, I'd like to share our gratitude for all of the work she does for our school. Thank you, Mrs. Briscoe, you are the best.



Celebrating literacy and our dedicated library staff.

Canadian School Library Day | October 21

Picture Retakes - Picture retakes will happen this Thursday, Oct. 24th. If your child missed getting their portrait last month or if the picture was less than flattering (but would be worthy in a future wedding PowerPoint Presentation ;-)) the photographers will be back at the school in a couple of weeks. I will include a reminder in upcoming memos.

Pajama Day - With the weather beginning to look more and more like winter, this month's Puma Pride will be Friday's 'Pajama Day'. An interesting tidbit; this Puma Pride Event is being led by an industrious group of Grade Nine students: a first for the school. Pizza Parties will be awarded for the most participants for one class in Kindergarten through Grade Three, Grade Four through Grade Six, and Grade Seven through Grade Nine respectively.

Music notes from Mrs. Surrendi - *Choir is beginning to rehearse for our upcoming Remembrance Day Assembly. Please have forms back and payment to PowerSchool as soon as possible so that t-shirts can be ordered.

*Recorders are in and will be given to students once payment is received.

*Grade 6-9 students interested in being part of a spring musical will be coming home with a note this week; please read over with your child and return the forms asap in order to begin planning. Thank you, Mrs. Surrendi Shauna.Surrendi@psd.ca

Athletics - Junior & Senior Volleyball Playoffs - Hello Parents & Guardians, The volleyball schedule for next week is posted in the 'Athletics This Week' section of this memo above. It is going to be a busy week with:

- our Jr B teams preparing for their final tournament on Thursday/Friday;
- our Jr A teams beginning playoffs;
- and our Sr teams playing in the Woodhaven tournament on Thursday/Friday/Saturday.

The following week's schedule will be dependent on how the Jr A teams do in their playoff games and what the Sr playoffs schedule will look like (should know more info on that later next week). I have also included the playoff brackets [HERE](#) so you can follow the results. Important to note that if Jr A Girls Team 2 wins on Monday, they will play on Tuesday @ Tomahawk and if the Jr A Boys win on Monday they will play on Wednesday (location TBD). Mr. McNaughton

Cross Country Running: A huge shout-out to all of our Cross-Country runners who gave it their all at Jubilee Park in the final race of the season! Your hard work, perseverance, and team spirit have made this season truly memorable.

A **massive thank you** as well to the incredible staff and student volunteers who helped make our hosting of the final event such a success. Your dedication and support were essential in pulling off this major event, and we couldn't have done it without you!

Mrs. Blanchet & Ms. Rachuk

Prescott Learning Centre Fundraising Foundation - PLCFF's very popular Halloween dance is coming up on **Saturday, October 26th**, running from 6 - 9 pm. Our costumes are at the ready and we are looking forward to seeing everyone tearing up the dance floor. Tickets are \$5.00 and can be purchased through the PLC Hot Lunch Website. A reminder, and all children are to be accompanied by a parent or guardian. Unfortunately, we are unable to make any exceptions. See you Saturday night.

At the October AGM a new executive was elected with a mix of new and familiar faces. Congratulations to the following executive board members:

President: Randie Dodman

Vice President: Amber Lafitte

Treasurer: Randi Haggett

Secretary: Sheila Clements

*Class Reps: Amanda Hanki, Stephanie Evans,
Jasmine Tai Knoll*

Rubber Matting Committee - Great news! The playground was opened last Friday to rave reviews from the students. Thank you for your patience as we resurfaced the foundation of this play structure. We hope you enjoy it as much as we do! If you have any questions or concerns, please contact me at the office or via email at chris.shaw@psd.ca.

Grand Re-Opening Invitation - You are invited to join us for a grand re-opening of the playground on October 23, 2024. This event will take place from 4:30 pm - 6:30 pm and it will be a great way to see how accessibility cultivates community for EveryBODY.

We can't wait to see you there!



Previously Shared Information

HOT LUNCH/Spooktacular Dance Tickets: Orders are now open! The PLCFF and our Hot Lunch Volunteers have again partnered with multiple local businesses to provide hot lunches to our children every week on alternating Wednesdays and Thursdays. Order by term OR by lunch date, each lunch date closes 2 weeks prior to lunch date; unfortunately, no late orders or unpaid orders can be accepted. Here's How to register:

younger students or those with exceptionalities are not always cognizant of their surroundings. Thank you.

“Say It Here” Lunch Group - I'd like to bring to your attention a new lunch hour opportunity for students in Grades Seven through Nine. These students have the opportunity to participate in a weekly pilot youth group called, “Say it Here”, a lunch group for teens, by teens, about teens. This group will be led by our practicum social work student from Grant MacEwan University, and will run Tuesdays from 11:46 to 12:46. The purpose of this group is to provide a safe space for students in Grades 7 to 9 to discuss managing stress, gathering different perspectives, group problem solving, etc. This is an open group where students have the choice to come and go. Participation is completely optional. Our intention is to connect students in similar areas, or with similar issues, to help create a stronger and a more positive school community. If you have any questions, or if you would prefer your child not attend please contact Mrs. van Beek at esther.vanbeek@psd.ca

Prescott Travel Club Hello Prescott Families! As many of you may already know, Prescott is starting a Travel Club! We are planning to take a group of grade 7, 8 and 9 students to Quebec over spring break of the 2025-2026 school year! That means that if your student is entering grade 6, 7 or 8 this year (2024-25), they are eligible to travel with us! If you are interested in learning more about this exciting opportunity, please send an email to Sarah Saysana at sarah.saysana@psd.ca.



Final Thoughts - In last week's memo I mentioned (warned?) that we would be hosting a cross - country run at Jubilee Park. Considering the size of the event and the fact that we hadn't hosted one for a long time, I'll acknowledge I had a few jitters heading in. Fortunately, my concerns were unfounded. Unsurprisingly, the PLC staff stepped up and did a nearly flawless job hosting over 800 athletes, proving once again how fortunate we are to have such great people in front of your children. I'd like to extend a special thanks to Mr. McNaughton, and our coaches Mrs. Rachuk and Mrs. Blanchet for a great year and for organizing such a fantastic event.

That said, even with the best run events there is always room for improvement. I need to ask if you had any concerns or problems last Thursday please reach out to me at the school so we can address it for next year's event. Again, thank you for your patience during last week's event.

As always, if you have any questions or concerns please feel free to contact either my assistant principals or me at:

heather.huisman@psd.ca

esther.vanbeek@psd.ca

chris.shaw@psd.ca.

Take care, Chris

PLCFF INVITES YOU TO A

Halloween
Dance & DJ

Games &
Prizes

Concession &
Photo Booth

Costumes
encouraged!

All ages
welcome!

MONSTER MASH BASH

SATURDAY,
OCTOBER

FROM
6-9PM

26

TICKET PRICE

\$5

(Children 2 and under, free)

AT PRESCOTT LEARNING CENTRE

Tickets can be pre-purchased
(preferred) through
prescott.hotlunches.net
or at the door

***Children MUST
be accompanied
by a PAID adult***





CALL OUT FOR VOLUNTEERS!

Whether you are able to help out with setting up, concession, games/crafts, supervising or tear down, we would love to hear from you! We rely heavily on volunteers in order to run this fun event for our students - the more volunteers we get, the shorter the shifts are for all.

Please email executive@plcff.com if you are able to help.

Note that all children must be accompanied by an adult who remains at the school



USED BOOK FAIR

Are you interested in cleaning out your gently used book collection and giving it an update? We've heard you loud and clear!

Join us for Prescott Learning Centre's first Used Book Fair on December 4 and 5, 2024.

We will be collecting your gently used books during the month of November and will be selling them during the Christmas concert to raise funds for our school.

This is a great opportunity to support your child's literacy without breaking the bank. Stay tuned for more updates as we'll see which class can bring in the most books collectively!



GIFT CARD FUNDRAISER

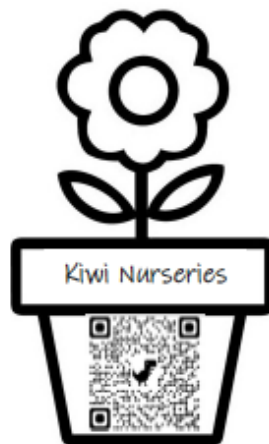
PLCFF is running a gift card fundraiser from November 1 – 29, 2024. A variety of gift cards can be purchased through prescott.hotlunches.net, with an option of sending them home with your child or pick up from the school on a couple of set dates, to be determined, being at the mid-point and end of this fundraiser.

These are the perfect gift for the Christmas season, while also supporting local and helping to raise funds for items on the school's wish list this year.

Check out our various participating local businesses below and get shopping!



(gas, groceries, pharmacy
& hardware)



(plants & gifts)



Great North Cookie Co.

(gourmet soft cookies)



(formerly Willhawk Beef Jerky
- all the meat)



(full spa services)



(grab your gift cards here!)

SHARE A THOUGHT



Prescott Learning Centre and Parkland School Division rely on stakeholder feedback to learn and improve for the benefit of students, families, staff and the community.

Scan the QR code to share your thoughts!

USE YOUR PHONE'S CAMERA OR A QR CODE READER APP.



For more information, please contact the school at prescott@psd.ca or 780-571-8079.



TRIREGION FOOD RESOURCES

Updated: November 2022

FOOD HAMPERS

Parkland Food Bank

105 Madison Crescent, Spruce Grove
Monthly Food Hampers, by appointment,

- Tuesdays 8:30AM-4:30PM
- Wednesday 8:30AM-2:00PM + 6:20-8PM
- Friday 8:30AM-4:30PM
- Saturday 8:30AM-12:30PM

780-962-4565 ext. 1

WEE Community Food Bank

5019 50 Ave Entwistle AB (Old Fire Hall)
Monthly Hampers, by appointment on Wednesdays, Call before Tuesday for appointment.

780-727-4043

Wecan Food Basket

5600-50 St, Stony Plain
Fresh Nutritious Affordable Food Basket
Order by first Friday, pickup on third Thursday of month
Monday - Friday, 9AM-4PM
587-338-1101

Warming Hearts Pantry

4911-50 St., Tomahawk (liquor store)
Food pantry of non-perishable items. No appointment necessary.

BASIC NEEDS HELP

Community Helps Team

180 Century Road, Spruce Grove
780-962-5611 / 789-306-1955
helps@sprucegrove.church

NeighbourLink Parkland

Serving Spruce Grove, Stony Plain, Parkland County
780-960-9669
www.neighbourlinkparkland.ca
neighbourlink.parkland@telus.net



FOOD RESCUES

Auggie's Cafe

131 Church Rd, Spruce Grove
Tuesdays 11-1PM

apfa Food Rescue

Family Connection Centre
5600 50 Street, Stony Plain
Thursdays 10AM - 3PM
Fridays 1-4 (Check facebook for updates)

Food for the Soul

Lighthouse Pentecostal Church
49 Boulder Blvd., Stony Plain
First and third Saturday 10AM-1PM

Grace's Table

250 Century Road, Spruce Grove
Second Friday of month 5PM-6:30PM

Community Table

180 Century Road, Spruce Grove
Last Friday of the month
<https://www.sgconline.breezechms.com/form/communitytable>
780-962-5611

COMMUNITY MEALS

Auggie's Cafe

131 Church Rd, Spruce Grove
Drop-in for take out bagged lunch
Tuesdays 11-1PM

Food for the Soul

49 Boulder Blvd., Stony Plain
Drop-in for bagged lunch
First and third Saturday 10AM-1PM

Grace's Table

250 Century Road, Spruce Grove
Hot meal to go for pick up
Second Friday of month 5PM-6:30PM
www.sgac.net/eventregistration
780-962-4700

Community Table

180 Century Road, Spruce Grove
Hot meal to go for pick Up
Last Friday of the month
www.sgconline.breezechms.com/form/communitytable
780-962-5611



COMMUNITY LOW COST COUNSELLING SERVICES

Updated November 2023

All listed services do not exceed \$75.00 per hour and are available to anyone in the Tri-Municipal Region.

Dochas Psychological Services Hub for Hope

202, 636 King Street, Spruce Grove

- Hub for Hope provides individuals with 8 (50 minute) counselling sessions at no cost, provided by an intern psychologist.
- Counselling options can be provided either in person or virtual.

Phone Number: 780-446-0300

Family Life Psychology

201, , 323 McLeod Ave, Spruce Grove

- Family Life Psychology offers counselling services with Mental Health Therapists at a reduced rate of \$75 per hour.

Phone Number: 780-963-7451

Alycol Integrated Health Services Restore Program

Suite 201, 95 McLeod Avenue, Spruce Grove

- Alycol's Restore Program offers no/low-cost therapy sessions on a case-by-case basis with a maximum rate of \$50.00 per hour with a practicum intern.
- Counselling options can be provided either in person or virtual.

Phone Number: 780-409-8798

Family Resource Network

Family Connections Centre
5600 50 Street, Stony Plain

- The Family Resource Network offers free single session virtual counselling to children and youth under 18 and their caregivers.

Phone Number: 1.877.244.2360

Schaffer Psychology

Suite 103, 7 Boulder Blvd, Stony Plain

- Schaffer Psychology offers no/low-cost therapy sessions on a case-by-case basis with a maximum rate of \$50.00 per hour with a practicum intern.

Phone Number: 780-910-3420

If you are a service provider in the Tri-Municipal Region, and would like to be included on this list please contact connect@stonyplain.com . Please note, being included on this list does not constitute an endorsement by the Town of Stony Plain Community and Social Development.

Tri-Municipal Region Support Guide

I NEED TO TALK TO SOMEONE NOW (24H)

Distress Line	780-482-4357(HELP)
Addiction Helpline	1-866-332-2322
Child Mental Health (8am-11:45pm)	780-407-1000
Kids Help Phone	1-800-668-6868
Bullying Helpline	1-888-456-2323
BriteLine (for 2SLGBTQIA+)	1-844-702-7483
Seniors Abuse Helpline.....	780-454-8888
Family Violence Info Line.....	310-1818
Sexual Assault Centre (9am-9pm).....	780-423-4121
First Nations & Inuit Mental Health Hope for Wellness	1-855-242-3310
National Indian Residential School Crisis Line	1-866-925-4419
MMIWG Helpline.....	1-844-413-6649

I NEED IMMEDIATE HELP **Call 911**

Emergency Financial Assistance ..	780-644-5135
Access 24/7 (Adults)	
Addictions & Mental Health	780-424-2424
Child Intervention Services	780-422-2001
Children's Cottage Childcare	780-944-2888

I NEED HEALTH INFORMATION

Health Link Alberta (24/7)	811
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I DON'T EVEN KNOW WHERE TO START?



24-hour information and referral line connecting you to social, health and government services.



www.HelpSeeker.org
Get the app on your phone to find local supports and resources.

HELP FOR HARD TIMES TRI-REGION SUPPORT GUIDE

Spruce Grove FCSS
#105 - 505 Queen Street
Spruce Grove, AB
780-962-7618

Town of Stony Plain
Community and Social Development
#107, 4613 - 52 Avenue
780-963-8583



WHERE CAN I FIND A SAFE PLACE TO SLEEP AT NIGHT?

George Spady (men, women)	780-424-8335
Women's Emergency Accommodation Centre	780-423-5302
Hope Mission (ages 16+, men, women)....	780-422-2018
Youth Empowerment & Support Services (YESS).....	780-468-7186
Salvation Army (Transitional Housing, \$13/day)	780-429-4274

I NEED A DOMESTIC VIOLENCE SHELTER

Alberta Council of Women's Shelters 24/7	1-866-331-3933
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I NEED DETOX SUPPORT

George Spady.....	780-424-8335
AHS Detox Centre	780-427-4291
Youth Edmonton Detox.....	780-408-8783

I NEED A SAFE CONSUMPTION SITE

George Spady Centre	780-424-8335
Boyle McCauley Health Centre....	780-422-7333

I NEED HELP WITH MENTAL HEALTH AND/OR ADDICTIONS

Access 24/7 Adult Addictions/Mental Health	780-424-2424
Youth Addiction Services	780-408-8783
Access Open Minds (youth 16-25).....	780-415-0048
Child and Adolescent Mental Health Services.....	825-402-6799
WestView PCN Youth Mental Health Clinic (ages 11-24)	780-960-9533

I NEED HELP WITH BASIC NEEDS

NeighbourLink Parkland	780-960-9669
Community Helps Team	780-962-5611
Pay Forward Kindness (homeless supports).....	587-286-4663
Parkland Pregnancy Support Centre (Tue & Thurs 12-3pm).....	780-962-5505

WHERE CAN I FIND FOOD?

Parkland Food Bank	780-962-4565
WeCan Food Basket.....	587-338-1101

WHERE CAN I FIND A COMMUNITY MEAL?

Auggies Café (Take out, Tues 11AM-1PM) 131 Church Rd, Spruce Grove.....	780-962-5131
Food for the Soul (1 st , 3 rd Sat 10AM-1PM) 49 Boulder Blvd., Stony Plain	780-963-3110
Grace's Table (2 nd Fri 5-6:30PM) 250 Century Road, Spruce Grove	780-962-4700
Community Table (last Fri 5-7PM) 180 Century Road, Spruce Grove	780-962-5611
apfa Food Rescue Community Fridge (M-F 8:30-4PM) 5600-50 Street, Stony Plain	780-963-0549