



Prescott Weekend Update



May 20th, 2024

Good Afternoon PLC Families:

I hope you had a great Victoria Day long weekend, despite the weather. At the school, the long weekend marks a crossroads of sorts; we are heading into the busy season wrapping up the current school year, while keeping an eye on planning for the next year. Between next year's time tabling, the development plan, and budgeting, one of the most important planning items for next year is ensuring that students transition into the best classroom placement possible. And this is why in next week's memo I'll be asking for your input on your child(ren)'s placement for next year.

But first, a bit of background. One of our priorities at the school is to keep class sizes as small as possible while living within our budgetary means. Public schools in Alberta are funded on a per student basis. Certainly, there are small additional allowances for such things as students with specific needs or challenges, second language learners, French immersion and indigenous students, even kindergarten students. Also, students in the lower grades get a bit more funding than students in the upper grades. However, the bulk of our funding is based on a defined per student funding model. If you have been following our school council (and I hope you have, our school council is invaluable in providing feedback on matters such as planning) you'll be aware of the province's current Weighted Moving Average Funding model. This model is great for school divisions with declining school enrollments, not so much for school divisions with growing student populations (a.k.a. Parkland School Division).

In order to keep our class sizes as low as possible, what this means is that both this year, and likely next year as well, we will be spending close to 95% of our budget on staffing, both teachers and educational assistants; we need to pay even more attention to classroom composition. When building class lists we take great care to ensure that each child is matched with a skilled and caring teacher, educational assistant support when required, and to balance classes in terms of size, gender, special needs and diversity. Though it's not always possible, we also do our best to ensure that students have at least one friend in their class, and yes, we also do our best to ensure some students aren't placed in the same class.

In next week's memo I'm going to share with you the process of how we place students in classes with specific teachers and educational assistants and I'll also share how you can provide your input on your child's classroom with us at the school. I'll ask that you take the week to think about your child(ren)'s classroom requests for next year. But for now, here's what's happening at PLC this week:

Important Events This Week				
Monday 20 th	Tuesday 21 st	Wednesday 22 nd	Thursday 23 rd	Friday 24 th
Victoria Day (No School)	Kinder Field Trip - Safety City (T/TH)	Kinder Field Trip - Safety City (M/W)	Hot Lunch - Pizza 73 Travel Club Meeting @ 6:30pm	Monday Schedule

Important Events Next Week				
Monday 27 th	Tuesday 28 th	Wednesday 29 th	Thursday 30 th	Friday 31 st
Gr. 8 Field Trip Camp YoWoChas		Hot Lunch: Mary Brown's		Wednesday Schedule Freezie Friday

Athletics/Badminton/Soccer Dates This Week*

Monday	
Tuesday	Co-Ed Soccer Game vs Woodhaven @ Greystone Field 1 - 4:00
Wednesday	
Thursday	Co-Ed Soccer Practice 3:00 - 4:30 @ Jubilee Park
Friday	Parkland County Athletic Association Zone Track Meet

*These times are subject to change.

Follow our Facebook athletics page "Prescott Learning Centre Athletics" for up-to-date pictures and info. You can also access the athletics calendar on our school website - <https://prescott.psd.ca/programs/athletics> - This should make it easy to filter by your athlete's team and sync to your calendar on your device.

New and Updated Information

Read-A-Thon Update - Prescott Learning Centre extends a heartfelt THANK YOU to our school community! We're incredibly proud of our readers and grateful for your support. We're entering our last week of the Read-A-Thon so keep up the good work! Our students are having a wonderful time reading and we can't wait to see the end result! Currently our students have read over 106,000 minutes!!! To help them get involved, below is a link you can use to easily email them about supporting our fundraiser:

<https://www.read-a-thon.com/readers/tool/323739393933/1>

With only one week to go we're sure we will reach our goal! Thanks again, Prescott Learning Centre.
Thanks again, Prescott Learning Centre

Thank you From Mrs. Mills - Mrs. Mills would like to thank the students, Admin and staff for a very positive experience in the Music room at Prescott, while filling in for Mrs. Surrendi/ Fleming. She will no doubt return to the school to sub in the future and we look forward to seeing her soon.

Grade Seven Gauss Math Contest - The annual Gauss Math Contest, hosted by the University of Waterloo, took place last week and we're delighted to announce that 23 of our top grade 7 students took part. This contest serves as a platform for students to showcase their mathematical skills and problem-solving abilities, and we couldn't be prouder of their accomplishments. It's truly inspiring to witness their dedication to academic excellence and their enthusiasm for mathematics. This achievement is a testament to their hard work, perseverance, and passion for learning. We're incredibly proud of each and every one of them and will share their results when they are available.

PSD Elementary Summer School - Once again, Parkland School Division is offering summer school to those students who require a boost in their numeracy and literacy skills. If you have students who would benefit from summer school, please reach out at <https://cfl.psd.ca/grades-2-4-summer-school> Here are the details again:

PSD is offering summer school to students is Gr 2, 3, 4, 5 or 6 for the 2024-2025 school year. If your child would benefit from this we encourage you to have them [register](#) as soon as possible.

Spruce Grove Summer in the City Camps - We are excited to share information on the City of Spruce Grove's summer programs with you. Discover a summer of adventure and creativity at Spruce Grove's Summer in the City Camps! Check out the link below fo:

- Registered programs such as Art Explorer Camp for budding artists and Adventure Camps filled action, biking, and hiking.
- Free programs including the Pop Up Playground that might be offered right at your local playground.
- The Log Cabin is back in action offering Teen programs on a registered or drop-in basis.
- Our Leaders in Training program for those teens looking to add work experience to their resume.
- We have something for everyone aged 6 to 18. Let your child's imagination soar and their skills grow in a fun and supportive environment. Register now for a summer they'll never forget!

Dates: Jul. 8th – Aug. 23rd, 2024

Ages: 6-18 years old

Location: Varies depending on the program Program Fee: Varies depending on the program

Register [HERE](#) or visit our website for more information:

<https://www.sprucegrove.org/community/programs/summer-in-the-city/>

Please refer to the Flyer at the end of this memo

Teen Takeover at the Tri Leisure Centre - Hey, teens of Spruce Grove! This event is for you! And it's FREE! Teen Takeover is a night where parents stay home and teens get the opportunity to "take over" the TransAlta Tri Leisure Centre. Teens 13-18 will have exclusive access to the pool and gymnasium at the TLC for FREE from 9–11 p.m. on May 25! Join in and bring your friends for a night of fun with swimming, drop-in gym activities, and free food!

Date: Saturday, May 25, 2024 - Ages: 13-18 years old - Location: TransAlta Tri Leisure Centre

Time: 9–11 p.m. (with sign-in and bag checks starting at 8:15 p.m.)

Program Fee: FREE, however, pre-registration is required

Register [HERE](#) or visit our website for more information:

<https://www.sprucegrove.org/community/programs/teen-takeover/>

Please refer to the Flyer at the end of this memo



☀️ **Travel Club Meeting** ☀️ Attention Parents of current Grade 5-7 Students! ☀️

We're excited to announce an exclusive enrollment meeting for our upcoming Travel Club! Join us for an informative session where you'll receive comprehensive details about enrollment dates, costs, and most importantly, where our unforgettable trip will take us in the school year of 2025-26. Don't miss this opportunity to learn all about the enriching experiences awaiting your child through our Travel Club. Mark your calendars and join us for an evening of exploration and adventure!

Date: May 23, 2024

Time: 6:30 p.m.

Location: Prescott Learning Centre Collaboration Centre

Please see the flyer at the end of this memo. For more information please contact

sarah.saysana@psd.ca or shannon.legge@psd.ca. See you there! ✈️🌍

Art Club Update - Please note that the last Art club for the school year will be June 10th!

PLC Fundraising Foundation Update - Freezie Fridays: Volunteers needed! If you would like to join the fun and sell freezies on any of the Freezie Fridays this year, please email Jasmine at executive@plcff.com so she can schedule you in! The time commitment would be from 11:15am-12:45pm (approx). Dates are: May 24, 31 and June 7, 14, 21

HOT LUNCH/Freezie Friday Dates - Thurs. May 23rd - Pizza 73:

Upcoming Hot Lunch Dates and Vendors

Weds. May 29th - Mary Browns Thurs. June 6th - Jack's Weds. June 12th - Pizza 73

Freezie Fridays - May 24th & 31st; June 7, 14 & 21.

Previously Shared Information

School/CTF (Option) Course Fees (Over) Due - As we begin planning for next year, a reminder that school fees are now overdue. Now more than ever these fees are vital to ensure students and staff are provided with the requisite resources for learning. If you have any questions, please reach out to me or contact the office.

Registration Reminder - As I mentioned in my opening as we begin our scheduling for next year having accurate numbers for next year's planning is invaluable. Your completed registrations do more than you realize in helping us balance classes and resources for the upcoming school year. If you have yet to complete the registration, I ask that you do so ASAP. If you are having problems completing the registration, please contact the office at prescott@psd.ca

Final Thoughts - Hey, a big thanks for your patience and care in the parking lot over last Wednesday's track meet. Because of you it was an uneventful day in terms of traffic; just the way we all like it. That said, we need to ask and remind you that for the safety of students and staff that you refrain from using the staff parking lot during school hours. As well, to be extra safe, please walk around the parking lot rather than through. Thanks in advance.

Once again, if you have any questions or concerns, or if there are any topics you would like me to cover in future weekend memos, please reach out to my assistant principals and me at the school by calling 780-571-8079 or emailing us at:

heather.huisman@psd.ca

esther.vanbeek@psd.ca

chris.shaw@psd.ca.

Thanks again for taking the time to read this week's memo. Chris



Summer fun is about to begin in Spruce Grove!

**From Art Explorer and Adventure Camp,
to Teen Retreat, Leaders in Training, and
Pop-Up Playground, there's something for
everyone ages 6-18**



**For complete program information:
sprucegrove.org/SITC**



Location:
TransAlta Tri Leisure
Centre

Time:
9-11 p.m.
(Sign-in & bag checks
start at 8:15 p.m.)



Date:
May 25, 2024

Ages:
13-18

Cost:
Free!
(registration required)

Teen Takeover is a night where parents stay home and teens "Takeover" the TransAlta Tri Leisure Centre. Teens have exclusive access to the pool and gymnasium at the TLC. Join us for a night of swimming, drop-in gym activities, food, and friends.

TO REGISTER:

- 🌐 ONLINE: [SPRUCEGROVE.ORG/TEENTAKEOVER](http://sprucegrove.org/teentakeover)
- 📞 BY PHONE: 780-962-7632
- 👤 IN PERSON: BORDER PAVING ATHLETIC CENTRE (MAIN FLOOR), 9 TRI LEISURE WAY

For more information visit: sprucegrove.org/TeenTakeover





**FRIDAY
June 7
2024**



REGISTRATION OPENS

**FRIDAY
MAY 10**

FIND DETAILS AT

www.psd.ca/division/student-wellness/try-me-try-athlon



RSVP

Québec, Montreal &
Ottawa

Spring 2026

Prescott Learning Centre



Dear Parents & Guardians,

I'm thrilled to share this travel opportunity for our students! Learn more about this exciting tour at an information session where we'll discuss:

- The impact of travel
- Where and when we're going
- What we'll see and do
- Who is EF Educational Tours
- And more!

I look forward to seeing you there!

Sarah Saysana

P.S. Can't make the meeting but want more information? RSVP using link below and select "No but send info."

Meeting date

May 23rd , 2024

Meeting time

18:30

Meeting location

Prescott Learning Centre 340 Pioneer Rd, Spruce Grove, AB, T7X 0T1

<https://bit.ly/3wH1IVK>

Link to RSVP for your information session or →

Scan this code to RSVP to your information session:





SUPPORTING CHILDREN THROUGH GRIEF

This support group will help children manage their grief through emotion mapping and teach them useful ways to cope.

When: Tuesdays, April 23– June 4; 4–5pm

Ages: 10–13

Where: FamilyLife Psychology and Wellness

Contact: info@familylifewellness.ca or 780-963-7451

Facilitator:

Harmony Nimchuk, Registered Provisional Psychologist and Grief Specialist

SCAN
ME
TO REGISTER



Every Child Matters T-Shirt Fundraiser



Youth Sizes \$23

Adult Sizes \$27

Ruby Osborne, a PLC Grade five student, has been awarded the Youth Inclusion Initiative Bursary of \$500 from Foundations for Cohesive Communities! The Youth Inclusion Initiative Fund is for a youth-led initiative to raise awareness, foster inclusion, and/or address barriers in our communities or schools. Ruby's Initiative is to host monthly Powwow Practices at Prescott School starting in April.

This community event will be facilitated by Skydancer Indigenous Cultural Centre. It is Ruby's hope that this will bring cultural teachings to Urban Indigenous students and particularly to those living outside of their culture. It will be open to everyone, all ages and abilities, so that Non-Indigenous students and community members can learn alongside their Indigenous peers.

To help cover the remaining costs (and to make sure she has enough bannock for everyone!) Ruby has decided to sell Orange T-shirts with her "Every Child Matters" logo on it. Ruby's original painting, along with her story behind the meaning, can be found in the showcase by the gym at Prescott Learning Centre. If you are able, please help support this important initiative by purchasing an Orange Shirt and carry the message forward that Every Child Matters! Stay tuned for Powwow Practice dates to follow!

Please Contact the Office for more Details



TRIREGION FOOD RESOURCES

Updated: November 2022

FOOD HAMPERS

Parkland Food Bank

105 Madison Crescent, Spruce Grove
Monthly Food Hampers, by appointment,

- Tuesdays 8:30AM-4:30PM
- Wednesday 8:30AM-2:00PM + 6:20-8PM
- Friday 8:30AM-4:30PM
- Saturday 8:30AM-12:30PM

780-962-4565 ext. 1

WEE Community Food Bank

5019 50 Ave Entwistle AB (Old Fire Hall)
Monthly Hampers, by appointment on Wednesdays, Call before Tuesday for appointment.

780-727-4043

Wecan Food Basket

5600-50 St, Stony Plain
Fresh Nutritious Affordable Food Basket
Order by first Friday, pickup on third Thursday of month
Monday - Friday, 9AM-4PM
587-338-1101

Warming Hearts Pantry

4911-50 St., Tomahawk (liquor store)
Food pantry of non-perishable items. No appointment necessary.

BASIC NEEDS HELP

Community Helps Team

180 Century Road, Spruce Grove
780-962-5611 / 789-306-1955
helps@sprucegrove.church

NeighbourLink Parkland

Serving Spruce Grove, Stony Plain, Parkland County
780-960-9669
www.neighbourlinkparkland.ca
neighbourlink.parkland@telus.net



FOOD RESCUES

Auggie's Cafe

131 Church Rd, Spruce Grove
Tuesdays 11-1PM

apfa Food Rescue

Family Connection Centre
5600 50 Street, Stony Plain
Thursdays 10AM - 3PM
Fridays 1-4 (Check facebook for updates)

Food for the Soul

Lighthouse Pentecostal Church
49 Boulder Blvd., Stony Plain
First and third Saturday 10AM-1PM

Grace's Table

250 Century Road, Spruce Grove
Second Friday of month 5PM-6:30PM

Community Table

180 Century Road, Spruce Grove
Last Friday of the month
<https://www.sgconline.breezechms.com/form/communitytable>
780-962-5611

COMMUNITY MEALS

Auggie's Cafe

131 Church Rd, Spruce Grove
Drop-in for take out bagged lunch
Tuesdays 11-1PM

Food for the Soul

49 Boulder Blvd., Stony Plain
Drop-in for bagged lunch
First and third Saturday 10AM-1PM

Grace's Table

250 Century Road, Spruce Grove
Hot meal to go for pick up
Second Friday of month 5PM-6:30PM
www.sgac.net/eventregistration
780-962-4700

Community Table

180 Century Road, Spruce Grove
Hot meal to go for pick Up
Last Friday of the month
www.sgconline.breezechms.com/form/communitytable
780-962-5611



COMMUNITY LOW COST COUNSELLING SERVICES

Updated November 2023

All listed services do not exceed \$75.00 per hour and are available to anyone in the Tri-Municipal Region.

Dochas Psychological Services Hub for Hope

202, 636 King Street, Spruce Grove

- Hub for Hope provides individuals with 8 (50 minute) counselling sessions at no cost, provided by an intern psychologist.
- Counselling options can be provided either in person or virtual.

Phone Number: 780-446-0300

Family Life Psychology

201, , 323 McLeod Ave, Spruce Grove

- Family Life Psychology offers counselling services with Mental Health Therapists at a reduced rate of \$75 per hour.

Phone Number: 780-963-7451

Alycol Integrated Health Services Restore Program

Suite 201, 95 McLeod Avenue, Spruce Grove

- Alycol's Restore Program offers no/low-cost therapy sessions on a case-by-case basis with a maximum rate of \$50.00 per hour with a practicum intern.
- Counselling options can be provided either in person or virtual.

Phone Number: 780-409-8798

Family Resource Network

Family Connections Centre
5600 50 Street, Stony Plain

- The Family Resource Network offers free single session virtual counselling to children and youth under 18 and their caregivers.

Phone Number: 1.877.244.2360

Schaffer Psychology

Suite 103, 7 Boulder Blvd, Stony Plain

- Schaffer Psychology offers no/low-cost therapy sessions on a case-by-case basis with a maximum rate of \$50.00 per hour with a practicum intern.

Phone Number: 780-910-3420

If you are a service provider in the Tri-Municipal Region, and would like to be included on this list please contact connect@stonyplain.com . Please note, being included on this list does not constitute an endorsement by the Town of Stony Plain Community and Social Development.

Tri-Municipal Region Support Guide

I NEED TO TALK TO SOMEONE NOW (24H)

Distress Line	780-482-4357(HELP)
Addiction Helpline	1-866-332-2322
Child Mental Health (8am-11:45pm)	780-407-1000
Kids Help Phone	1-800-668-6868
Bullying Helpline	1-888-456-2323
BriteLine (for 2SLGBTQIA+)	1-844-702-7483
Seniors Abuse Helpline.....	780-454-8888
Family Violence Info Line.....	310-1818
Sexual Assault Centre (9am-9pm).....	780-423-4121
First Nations & Inuit Mental Health Hope for Wellness	1-855-242-3310
National Indian Residential School Crisis Line	1-866-925-4419
MMIWG Helpline.....	1-844-413-6649

I NEED IMMEDIATE HELP **Call 911**

Emergency Financial Assistance ..	780-644-5135
Access 24/7 (Adults)	
Addictions & Mental Health	780-424-2424
Child Intervention Services	780-422-2001
Children's Cottage Childcare	780-944-2888

I NEED HEALTH INFORMATION

Health Link Alberta (24/7)	811
----------------------------------	-----

I DON'T EVEN KNOW WHERE TO START?



24-hour information and referral line connecting you to social, health and government services.



www.HelpSeeker.org
Get the app on your phone to find local supports and resources.

HELP FOR HARD TIMES TRI-REGION SUPPORT GUIDE

Spruce Grove FCSS
#105 - 505 Queen Street
Spruce Grove, AB
780-962-7618

Town of Stony Plain
Community and Social Development
#107, 4613 - 52 Avenue
780-963-8583



WHERE CAN I FIND A SAFE PLACE TO SLEEP AT NIGHT?

George Spady (men, women)	780-424-8335
Women's Emergency Accommodation Centre	780-423-5302
Hope Mission (ages 16+, men, women)....	780-422-2018
Youth Empowerment & Support Services (YESS).....	780-468-7186
Salvation Army (Transitional Housing, \$13/day)	780-429-4274

I NEED A DOMESTIC VIOLENCE SHELTER

Alberta Council of Women's Shelters 24/7	1-866-331-3933
---	----------------

I NEED DETOX SUPPORT

George Spady.....	780-424-8335
AHS Detox Centre	780-427-4291
Youth Edmonton Detox.....	780-408-8783

I NEED A SAFE CONSUMPTION SITE

George Spady Centre	780-424-8335
Boyle McCauley Health Centre....	780-422-7333

I NEED HELP WITH MENTAL HEALTH AND/OR ADDICTIONS

Access 24/7 Adult Addictions/Mental Health	780-424-2424
Youth Addiction Services	780-408-8783
Access Open Minds (youth 16-25).....	780-415-0048
Child and Adolescent Mental Health Services.....	825-402-6799
WestView PCN Youth Mental Health Clinic (ages 11-24)	780-960-9533

I NEED HELP WITH BASIC NEEDS

NeighbourLink Parkland	780-960-9669
Community Helps Team	780-962-5611
Pay Forward Kindness (homeless supports).....	587-286-4663
Parkland Pregnancy Support Centre (Tue & Thurs 12-3pm).....	780-962-5505

WHERE CAN I FIND FOOD?

Parkland Food Bank	780-962-4565
WeCan Food Basket.....	587-338-1101

WHERE CAN I FIND A COMMUNITY MEAL?

Auggies Café (Take out, Tues 11AM-1PM) 131 Church Rd, Spruce Grove.....	780-962-5131
Food for the Soul (1 st , 3 rd Sat 10AM-1PM) 49 Boulder Blvd., Stony Plain	780-963-3110
Grace's Table (2 nd Fri 5-6:30PM) 250 Century Road, Spruce Grove	780-962-4700
Community Table (last Fri 5-7PM) 180 Century Road, Spruce Grove	780-962-5611
apfa Food Rescue Community Fridge (M-F 8:30-4PM) 5600-50 Street, Stony Plain	780-963-0549